



Sandowne Newsletter

November 2026

Principal's Message

Supporting students in developing strong literacy and numeracy skills continues to be a key priority at our school. Over the past several weeks, we have completed our fall assessments and screening activities, which provide valuable information to help guide instruction and support student learning. These assessments help us better understand each student's strengths and needs so that we can plan meaningful learning experiences and provide targeted support where needed. Meeting the individual needs of every learner remains at the heart of our work.

We would also like to express our sincere appreciation for your ongoing partnership and involvement in your child's education. When families and schools work together, students benefit in countless ways. With this in mind, we warmly invite you to attend our Student-Led Conferences on November 2. This is a special opportunity to celebrate your child's learning journey, hear about their accomplishments, and discuss areas for continued growth. We encourage you to ask questions, recognize what is going well, and work alongside your child and their teacher to set learning goals for the months ahead. These conversations are meaningful, empowering, and an important part of supporting student success.

We are also excited to share that this month we have welcomed Kwakwaka'wakw carver and cultural teacher William Henderson to Sandowne. William has spent many years sharing his knowledge, stories, songs, dances, masks, and cultural teachings with students throughout SD72. We are grateful for the opportunity to learn from him and to deepen our understanding and appreciation of Indigenous culture, history, and traditions. His teachings have already enriched the learning experiences of our students, and we look forward to continuing this valuable connection throughout the year.

The next two months promise to be busy, exciting, and filled with many opportunities for learning, celebration, and connection. We encourage families to keep an eye on communications from both your child's teacher and the school, so you don't miss any important information, special events, and memorable experiences. Working together helps ensure that our students can fully participate in all that Sandowne has to offer. We look forward to sharing these exciting moments with you as we head into the winter season!

Sincerely,
Kelly Gage

Important Dates:

November 2nd

- Student-led Conferences- Regular Classes Not In Session
- Scholastic Book Fair

November 5th

Family Bingo Night!
6:00-7:30pm-Doors Open at 5:30pm

November 10th

Remembrance Day Assembly

November 11th

Remembrance Day- School Closed

November 13th

Photo Retake Day

November 26th

Winter Ball
5:30-7:30pm

December 10th

Winter Concert Performances at 9am & 1pm

December 15th

Sandowne Entrepreneur Fair

December 16th

Kids' Christmas Shopping Day

Parking Lot Reminders

- Do not use the upper parking lot during school hours. This is staff parking only.
- Do not idle in the lower parking lot drop-off loop.
- Do not block or park in the fire lane & do not block the parking lot entrance.
- Do not park on the road between the upper and lower parking lots-this is bus parking only.
- Please drive SLOWLY & ATTENTIVELY through the parking lot- it's a busy place!

District Cell-Phone Use Policy

Cell phones and other personal digital devices are not allowed at school. If brought to school, they must be kept in the students' bag and can only be used with permission from their teacher or principal.

Supervision Before & After School

For safety reasons, it is important to not have students dropped off before, or picked up later than our supervision times.

Before School Supervision- 8:10am until first bell

After School Supervision- 2:15-2:30pm

School Telephones

Our office phone is not to be used during or after school to make play arrangements. Please ensure your child is certain about after-school arrangements before leaving each day so that needless, worrisome situations do not arise. Thank you.

Student Attendance

Please make every effort to ensure that your child(ren) come to school on time. If your child arrives late, they must come in through the main entrance to the office “drive thru” window to sign-in. If your student will be absent, late, or picked up early, please advise the main office and the classroom teacher as early as possible. When notifications are received with minimal notice it may be disruptive to classes in session and/or difficult to track down students.

If advising of an absence, please give a brief reason (i.e. illness, vacation) – we track the number of students absent due to illness and may receive additional custodial time for extra sanitization of certain areas of the school.

You may leave an attendance notification two ways:

- 1.) **Phone call to our attendance line** – please ensure you speak slowly and clearly, leaving your child’s first and last name, your name, and the reason for the absence.
- 2.) **Email to sandowne@sd72.bc.ca** – please include your child’s first and last name, your name, and reason for the absence.

Thank you for your assistance in ensuring we have correct attendance information each day.

Students Need To Have:

- A full change of clothing in their backpacks. We go outside to play everyday, rain or shine.
- A water bottle to keep hydrated.

Scooters & Bikes

For safety reasons, students need to dismount their scooters and bikes and walk them once they are on school property.

Office Phone System

Our phone system does not show missed calls unless a voicemail is left. If you have a message that needs to be passed along, or if you would like a call back, please leave a message, or send an email to sandowne@sd72.bc.ca.

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Student-led Conferences- classes not in session & Scholastic Book Fair 8am-4pm	3 Crazy Bread Ordering Opens	4 Hot Lunch- iWok	5 Family Bingo Night! 6:00-7:30pm	6 Hot Lunch- Little Caesars	7
8	9	10 Remembrance Day Assembly 10:45-11:30am	11 Remembrance Day- School Closed	12 Crazy Bread Ordering Closes	13 Photo Retake Day Hot Lunch- Boston Pizza	14
15	16	17 Crazy Bread Day	18 Hot Lunch- Pretzel Guys PAC Meeting 6:30pm in the Library	19	20 Hot Lunch- Little Caesars	21
22	23	24 Crazy Bread Day	25 Hot Lunch- Katie's Rice Box	26 Winter Ball 5:30-7:30pm	27 Hot Lunch- Little Caesars	28
29	30					

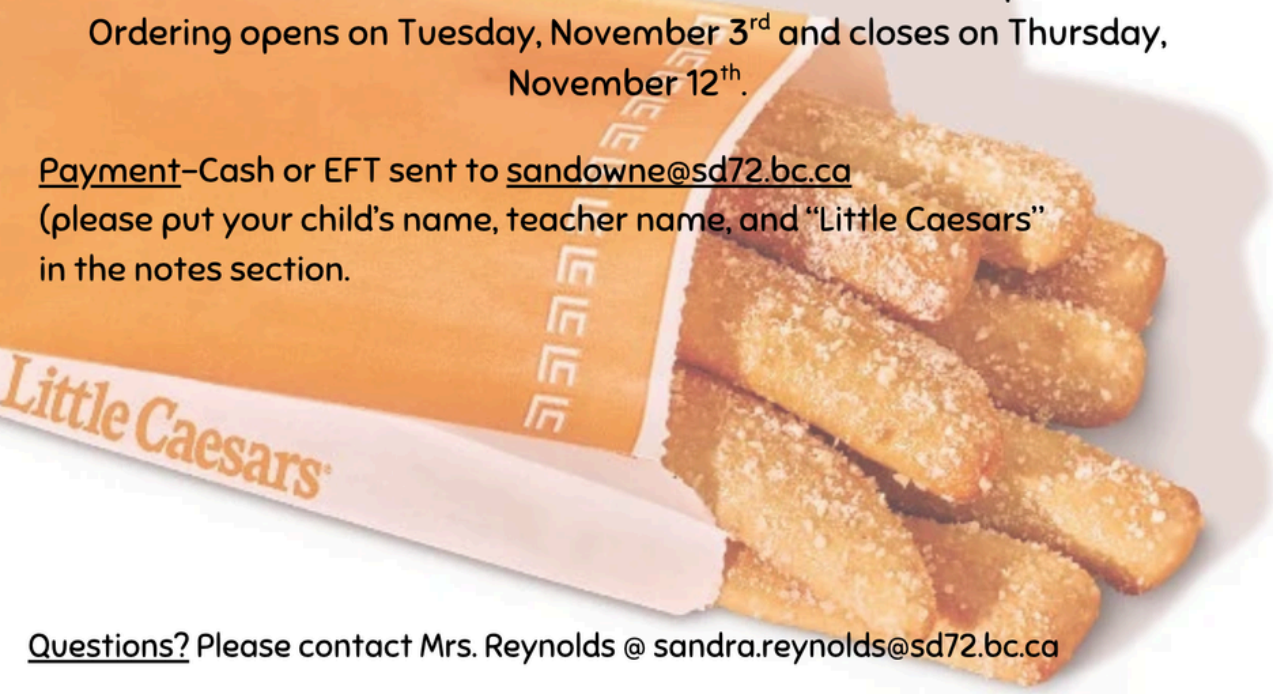
LITTLE CAESARS CRAZY BREAD FUNDRAISER

Please help us support the intermediate classes that are fundraising for their Mt. Washington field trip! We will be selling Crazy Bread once a week for 4 Tuesdays starting November 17th . Each order contains 4 pieces of Crazy Bread and costs \$5.00. You may order for as many weeks as you'd like!

To Order– Go to sandowneschool.hotlunches.net and sign in using your hot lunch account to place your order. If you have not yet made an account, follow the instructions on the home screen to set up an account.

Ordering opens on Tuesday, November 3rd and closes on Thursday, November 12th.

Payment–Cash or EFT sent to sandowne@sd72.bc.ca
(please put your child's name, teacher name, and "Little Caesars"
in the notes section.



Questions? Please contact Mrs. Reynolds @ sandra.reynolds@sd72.bc.ca

**FAMILY
EDITION**

BINGO

Night

**\$2 / CARD
OR
3 FOR \$5**

**MULTIPLE ROUNDS WILL
BE PLAYED USING YOUR
CARDS FOR MORE
CHANCES TO WIN FUN
NON-CASH PRIZES!!**

At Sandowne

DATE:

NOV 5TH

TIME:

6 - 7:30PM

DOORS OPEN 5:30

LOCATION:

SANDOWNE GYM

**Family event, kids
are welcome!**

**BINGO CARDS MUST BE PURCHASED BY SOMEONE 18+
ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT**

PLEASE JOIN US

A large red poppy flower with a black center and green stamens, serving as a background for the text.

LEST WE FORGET

REMEMBRANCE DAY
ASSEMBLY

NOVEMBER 10, 2026

Sandowne Elementary

10:45-11:30AM

Grade 4/5 Choir Performance

SCHOOL PHOTOS ORDER DELIVERY Information



You may choose to have your order delivered to the school for pickup until Nov. 22. Orders are released to the lab and delivered to the school every 7-10 days. Please allow 2-3 weeks after your order date.

After Nov. 22, all orders will be shipped directly to your address and will be subject to a shipping fee.

In most cases, your child's teacher will distribute your order in class. If your child is absent or has changed classes, the order will be sent to the school office for pickup.



ISLANDLIFE
PHOTO

www.islandlifephotographics.ca



PHOTO RETAKE DAY REMINDER

**FRIDAY,
NOV 13**



ISLANDLIFE
PHOTO

www.islandlifephotographics.ca

*The RETAKE FORM helps us to identify your child.
If you lost your form, simply write your child's name, teacher & grade
on a piece of paper and bring it to the photographer on Retake Day.
Thank you!*



Sandowne PAC presents

THE SNOWFLAKE BALL



Thursday, Nov 26th
5:30-7:30

JOIN US FOR OUR
ANNUAL FAMILY
DANCE

CONCESSION WITH
PIZZA AND SNACKS!



GIFT BASKET
RAFFLE

FREE ADMISSION
EVERYONE WELCOME

Please note: This is not a drop off event
all children must be supervised by an adult





Sandowne PAC

RE: Donation Request for Our Annual Snowball Winter Dance Gift Basket Raffle

Dear Families,

Our popular gift basket raffle will once again take place during this year's Snowball Winter Dance on Thursday, November 26th

Sandowne PAC is on a mission to purchase new playground equipment. There are also needs and wishes within the classrooms. With 100% of the proceeds going back to our school through equipment upgrades, field trips, and educational supports, your contribution will help us create a safer, more engaging environment for our children to play and grow!

Similar to last year, we are looking to create substantial baskets to raffle off.

Below is a list of potential themes and some suggestions for contributions.

Baskets will be assembled based on donations and not necessarily by class. If you would prefer to make a small monetary donation, PAC can purchase items to supplement where it may be necessary. Students are invited to bring items to their classroom for collection between Nov 2nd and 13th. **Deadline for donating is Friday, Nov. 13th.** We kindly request that items are new and food items are not homemade. Thank you!

Raffle tickets will be sold at the dance for a chance to win! Any questions or concerns, please contact Megan via email meganbooth_88@hotmail.com

Warm regards,

Megan Cook, Sandowne PAC member

Craft Basket	Movie Night Basket	Tea Time Basket	Sweet and Salty Treats Basket	Spa Basket	Cooking & Baking Basket	Game Night Basket
Ideas: Art supplies, colouring, paint, brushes, paper	Ideas: Popcorn, candy/treats, seasoning, bowls	Ideas: Teas, mugs, cookies/treats, honey, steeper, spoons	Ideas: Cookies, chocolates, candy, pretzels, chips, soda	Ideas: Face masks, essential oils, candles, scrubs, luffa, soap	Ideas: Measuring cups/spoons, pans, spatulas, oven mitts	Ideas: Cards, board games, dice, sweet and salty treats

*Note: any **monetary donations** will be turned into the office daily. If you would prefer, e-transfers will be accepted to the email sandowneparentadvisorycouncil@gmail.com

Please put "raffle basket donation" in the message description box



CAMPBELL RIVER
FAMILY SERVICES
SOCIETY

Fewer Words, Less Conflict

Discover how small changes in the way we communicate with our children can reduce power struggles and support emotional regulation.

What We'll Cover



**Understanding
Behaviour & Regulation**



**Communicating
with Less Conflict**



**Practical Strategies
for Everyday Life**

Who is This For?

- Parents and caregivers of children of all ages
- Families supporting neurodivergent children
- Anyone interested in supporting children's behaviour and communication

**Tuesday November 17th
5:00 PM – 6:30 PM
487 10th Ave - Campbell River,**

Register Here:

Email: sydnie.nauss@crfs.ca

Phone: 778-346-9324

Presented by:

**CR Family Services Society's
Early Childhood Behaviour Program and
CYSN Family Enhancement Program.**

Donations Wanted!

This year, Sandowne will be hosting a Kids' Christmas Shopping Day! Just before Christmas, students will have the opportunity to shop for their immediate family members in the gym, choosing gifts made up of donated items.

How can you help?

We're now collecting donations of gently used (or new) items for all ages!

Items we're looking for include:

Mugs • Jewelry • Candles • Books • Kitchen items
• Home décor • Travel mugs • Wallets • Sports items • Small tools • BBQ accessories • Teacups
• Puzzles • Gardening items • Knitting supplies
• Ornaments • Water bottles • Board games
• Children's toys • Craft supplies • Trading cards
• Christmas decorations • Collectibles • Stationery
• Baskets • Stocking stuffers • Seasonal items

DROP-OFF LOCATION

**FRONT LOBBY OF
SCHOOL**

SHOPPING DAY

**DECEMBER 16
DURING SCHOOL
HOURS**

QUESTIONS?:

sandowneparentadvisorycouncil@gmail.com

WHAT IS THE SKATING SCHOOL BUS?



Kids ages 7+ can catch a ride on our SRD bus after school to our arena and join our Everyone Welcome & Pond Hockey session.



Cost is \$10/day and you can register up until noon of your desired pick-up day.



We pick-up from the following schools:

Mon/Wed: Sandowne, Penfield, Georgia Park, Southgate

Tues/Thurs: Ocean Grove, Willow Point, Phoenix

Friday: Ripple Rock, Cedar, Ecole Des Deux Mondes, Ecole Mer et Montagne



Strathcona
REGIONAL DISTRICT

REGISTER TODAY!

Call or visit our front desk to get your child registered.

STRATHCONA GARDENS RECREATION COMPLEX

We're still open during construction!

Phone

250-830-6777

Email

info@strathconagardens.com

Website

www.strathconagardens.com

Strathcona Gardens SKATING SCHOOL BUS

Welcome on board!

FREQUENTLY ASKED QUESTIONS

WHAT DOES THE REGISTRATION FEE INCLUDE?

- \$10 fee includes a ride to our arenas on an SRD bus driven by one of our professional drivers, drop-in admission, skate rentals, and a helmet.

WHAT IF MY CHILD HAS THEIR OWN EQUIPMENT?

- Participants are welcome to bring their own skating and hockey gear on the bus.
- Alternatively, parents can drop off their child's equipment at our skate shop on the day of pickup.

WHERE DO PARTICIPANTS GET PICKED UP?

- Pickup from each school will be the same location as the SD72 buses.
- We communicate with the schools and provide them a list of students participating in our program.
- Our bus will be very visible with the SRD logo and blue/green colors on it for kids to identify easily.

WHAT IF MY CHILD NEEDS HELP WHILE AT THE ARENA?

- Our bus driver and skate shop staff will be on hand to provide general supervision and assistance with anyone who needs help with their skates or equipment.
- Our reception desk also has a public phone for kids to use if needed.

WHEN DO KIDS NEED TO BE PICKED UP FROM THE ARENA?

- Parents must sign-out kids with our staff member in Dressing Room E (beside the skate shop on the Leisure Ice) before the arena closes at 5pm.



How to Register

Ages 7+ Registration now open for fall!



Online registration is currently unavailable, so give our front desk a call at 250-830-6777 and press 0.

You can also register in-person by visiting our reception desk in the front lobby of Strathcona Gardens at 225 S Dogwood Street.

Need to make plans last minute? You can register until noon of the pick-up day!



HEAD LICE

Head lice do not make people sick and do not spread disease. Children **can** still go to school if head lice are suspected or confirmed.

How to Prevent Head Lice

Head lice are spread through direct head-to-head contact. They crawl from one person's hair to another person's hair.

- Teach your child to avoid head-to-head contact with other people and not to share hats, combs, hair accessories or brushes
- Regularly check your child's hair for lice, about once a week
- Encourage your child to wear long hair tied back or in a braid

Symptoms of Head Lice

Many people with head lice do not have any symptoms. Symptoms of head lice may include:

- A tickling or crawling feeling on the scalp
- An itchy scalp caused by bites
- Scratch marks or small red bumps like a rash

Treating Head Lice

Head lice will not go away without treatment. Only treat family members with live head lice.

Refer to the [Head Lice - HealthLink BC](#) file to learn more about recommended treatment options.

For more information:

- HealthLink BC – [Head lice | HealthLink BC](#)

*Grief support
for brighter
tomorrows* 

Kids Together

AFTER-SCHOOL GRIEF GROUP
AGES 6-11

A place to connect, create,
and feel understood.

If you've lost someone special,
you're not alone. Join us in a safe
and supportive space to heal together.



ACTIVITIES



SNACKS



MINDFULNESS



CONNECTION



THERAPIES



**October 7 to
December 2, 2026**

WEDNESDAYS WEEKLY
3:30 - 4:30 PM



Registration required:
corenna@crhospice.ca or
250-286-1121

QUESTIONS ARE WELCOME.
Reach out anytime to learn more.

*Together,
we can help children find hope,
connection and healing.* 

PAC

Who?

A Parent Advisory Council (PAC) consists of parents, guardians, and school staff who collaborate to ensure open communication between parents and the school.

Where?

Meetings are held in our school library

What?

The PAC meets regularly to offer input on issues like curriculum, policies, and school events.

Why?

The PAC advises the school principal and staff on parents' feedback, organizes activities and events, promotes parent involvement, and fosters communication between parents and the school. It also advocates for parents and students, and provides financial support for PAC goals.

When?

Meetings are once a month, on the second Wednesday evening of the month, with additional planning meetings if necessary.



Did you know...

Everyone in the family is welcome to join PAC. We have moms, dads, grandparents, aunts, uncles, and older siblings participating.



Did you know...

The majority of parents engaged in PAC activities work full-time. Our goal is to accommodate everyone's schedules with flexibility.



Did you know...

Children are welcome at our meetings! If childcare is a concern for you, feel free to bring your kids along!

Contact Information



sandowneparentadvisory
council@gmail.com



Sandowne PAC

Got questions?
Please reach out!

Did you know...

You don't need to show up for meetings to be part of PAC! We appreciate any help you can offer, whether it's volunteering at events, gathering donations, delivering hot lunches, or whatever else you can do. Your support makes a difference!



Sandowne's Illness Reference Guide

I need to stay home if...

I have a fever	I am vomiting	I have diarrhea	I have a rash	I have an eye infection	I have been in the hospital
					
Temperature of 100°F or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Redness, itching and/or 'crusty' drainage from eye	Hospital stay, and/or ER visit



I am ready to come back to school when I am.....

Fever free for 24 hours without the use of fever reducing medication. ie. Tylenol, Motrin	Free from vomiting for at least 48 hours	Free from diarrhea for at least 48 hours	Free from rash, itching, or fever. I have been evaluated by my doctor if needed.	Evaluated by my doctor.	Released by my medical provider to return to school.
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School District 72

2026/2027 CALENDAR

LEGEND:

 Instructional

 Non-Instructional

 Vacation Period

 Statutory Holiday

 Student learning conference day

 Administrative day

JULY						
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JUNE						
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Sept 7 Schools closed - Labour day
Sept 8 Pro-D day
Sept 9 Schools open
Sept 30 Schools closed - National Day for Truth and Reconciliation
Oct 12 Schools closed - Thanksgiving day
Oct 23 Pro-D day
Nov 2 Student learning conference day
Nov 11 Schools closed - Remembrance day
Dec 21-Jan 1 Winter break
Jan 4 Schools open
Feb 15 Schools closed - Family day
Feb 16 Pro-D day
March 15-29 Spring break
Spring student learning conference In place of a spring student learning conference, parents & caregivers will receive learning updates in alignment with Ministry reporting guidelines.
Apr 16 Pro-D day
May 17 Pro-D day
May 24 Schools closed - Victoria day
June 30 Schools closed - Administrative day

 Instructional  Non-Instructional  Vacation Period  Statutory Holiday



Ministry of
Education and
Child Care