

October, 2022

## Penfield October, 2022

Dear Penfield Families,

Happy October! It was a busy September with students settling into their new classes and learning new routines. We are thrilled to see everyone settling in and reconnecting with their classmates.

Our staff and students came together for our first school assembly (a very first for many of our students!), the Terry Fox Run to honour friends and family members that have struggled with cancer, and our school Walk for Truth and Reconciliation where they created flags and placed rocks to honour and reflect on the struggles of our Indigenous community throughout history. The engagement and commitment to learning was evident in all activities and our teachers and students are to be commended on their respectful behaviour.

All members of our community work hard to ensure that all students and staff feel safe and respected. We spent a lot of time working with all our students in September to remind students to keep their hands to themselves, to be respectful to each other and all adults and to solve problems peacefully by using our words and asking for help when needed. These messages were clearly communicated at our first assembly and I visited each class to ensure that everyone has the same understanding. Please talk with your children and remind them that when problems or disagreements arise on the playground where there is hands on behaviour, they need to find the nearest adult for help in solving the problem. The adults are there to help!

It has been a pleasure to meet some of you and we look forward to meeting more of you throughout the year.

Take good care and be safe,

Jolene Krell and Kelly Gage



### Student Absence Reporting

Thank you to everyone for reporting student attendance information. Please continue to keep the school informed if your child will be late or absent. You can call the attendance line

250-923-4251 or email [penfield@sd72.bc.ca](mailto:penfield@sd72.bc.ca) to report absences. Please be sure to include the reason for the absence (ex: ill, appointment, vacation). You need to advise the school each day the student will be absent, unless you have pre-notified of a block of absences.

# HAPPY BIRTHDAY

TO THE FOLLOWING PENFIELD STUDENTS WHO HAVE  
OCTOBER BIRTHDAYS



Emma C	Brooklynn R	Easton H	Georgia W
Gabrielle S	Carter C	Nova R	Lyndsey B
Kennedy C	Neema K	Tristan C	Liam S
Tessa M	Zayden A	Finley T	Maverick P
Isla E	Shae P		

## PAC NEWS

### NEXT PAC MEETING

October PAC meeting will be held on October 18th at 6:00pm in the multi purpose room. This meeting will be budget focused.



### BOTTLE DRIVE

PAC will be holding a bottle drive on October 11th and 12th, before and after school in the parking lot. All proceeds will be used for school improvements and student education.

### PAC OPT OUT FORMS

The PAC “Opt Out” forms went home last week. If you are returning a form with funds, please have it to your child’s teacher by October 7th.

### SHOPPING DAY

Collections have started to come in for the shopping day. If you have new or used items (no stuffies, hats or clothes please) that you would like to donate, there is a bin at the entrance of the school. We will also need tape and wrapping paper if you have any of those items to donate.

Thank you!



## **October 20th - Great ShakeOut**

Our school will once again participate in the Great British Columbia ShakeOut. The annual, province wide earthquake drill will be on Thursday, October 20th.

For more information and resources that your family can use, please visit <https://www.shakeoutbc.ca/>

## **Student Verification Forms, FIPPA Consent, Emergency Release & Acceptable Use**

The above forms were sent home by teachers. If you have not already done so, please return the completed, signed forms to your child's teacher as soon as possible. It is very important that we have current and accurate information on file, especially in the case of an emergency. Please ensure all forms are signed where indicated

### **Weather Preparedness**

Please ensure that students are dressed appropriately for the fall weather with proper jackets and footwear. We send students outside in all weather conditions, as it is important for students to have that outside break time.

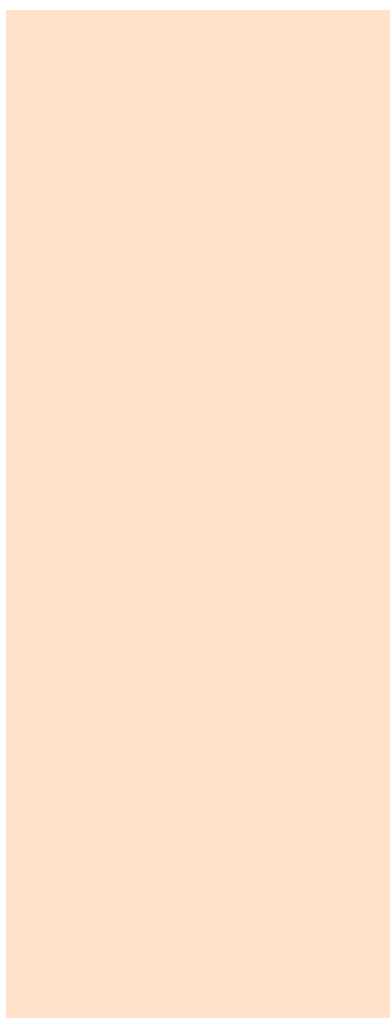




**"AUTUMN, THE YEAR'S LAST,  
LOVELIEST SMILE."  
- WILLIAM CULLEN BRYANT -**

## **GREAT JOB PENFIELD**

We raised \$358.00  
for the Terry Fox  
Foundation



## **PHOTO RETAKE DAY**

Island Life Photographics will be back at Penfield on October 7th for Photo Retakes. If you missed the first day, or would like retakes, this is your opportunity.





# October 2022

Mon

Tue

Wed

Thurs

Fri

3	4	5 	6	7 <b>Photo Retake Day</b> 
10 <b>Thanksgiving Schools Closed</b> 	11	12	13	14
17	18	19	20 	21 <b>Provincial Pro D</b> <b>Schools not in session</b>
24	25	26	27	28
31 <b>Halloween</b> 				

**Upcoming  
EVENTS**  
MARK YOUR CALENDAR

Nov 1 - Professional Development Day  
Nov 11 - Remembrance Day, Schools Closed  
Nov 24 - Student Led Conference Day



## HEAD LICE AWARENESS

Head lice are common in BC communities. Although they are a bother, **head lice are not a health risk.**

Head lice spread quickly by close, head-to-head contact. Lice cannot live on furniture or carpet, and they cannot jump or fly. There may be few or no symptoms, but itching may occur.

You can help by:

- ♦ Checking your child's head with the wet combing method of detection once a week throughout the year.
  - ♦ Review the pamphlet [How to Get Rid of Head Lice Wet Combing](#), available online, at your school and [Public Health Unit](#).
- ♦ Encouraging your child to wear their hair tied back.
- ♦ Treating if you notice live lice on your child's head.
- ♦ Reminding family and friends about the importance of routine head checks, using the wet combing method.

For more information:

- ♦ Your local [Public Health Unit](#)
- ♦ Read the HealthLink BC File on Head Lice [HealthLink BC File #06 Head Lice](#)



## TRICK OR TEETH!

When it comes to Halloween candy and tooth health, the "all or nothing" approach is best. Giving children their Halloween candy over days or weeks is not the best choice. The risk of tooth decay increases with the amount of sugar and the number of times teeth are exposed to it.

Tooth safe suggestions for enjoying Halloween treats are:

- ♦ Serve a healthy dinner (or snack) before trick-or-treating. You will know your child has eaten **something** nutritious on this exciting night.
- ♦ Limit the number of times teeth are exposed to sugar by encouraging children to eat treats at one sitting. Offer water and be sure to brush their teeth afterwards.
- ♦ Cut down on the number of sugary treats children receive by handing out "tooth-friendly" options like stickers, temporary tattoos, fancy pens and pencils, or toothbrushes!

And of course, remember to floss and brush with fluoride toothpaste before going to bed, or there could be some very *scary* results!

For more information:

- ♦ Island Health, Public Health - Dental:

Saanich Health Unit	250-519-5100
Esquimalt Health Unit	250-519-5311
Peninsula Health Unit	250-544-2400
West Shore Health Unit	250-519-3490
Duncan Health Unit	250-709-3050
Nanaimo Public Health	250-755-3342
Port Alberni Public Health Services	250-731-1315
Comox Valley Health Unit	250-331-8520
Campbell River Health Unit	250-850-2110
Port Hardy Health Unit	250-902-6071



## KEEPING YOUR CHILD SAFE ON HALLOWEEN

Trick-or-Treating is an exciting activity for many children. It can also be risky. Up to about 10 years of age, children do not have the skills to be safe in traffic.

Here are some tips to help keep your child safe:

- Make sure your child has a light and/or reflective clothing
- Have an adult go with your children, especially if they are under 10 years old
- If your child is not with an adult, make sure they are in a group of at least 3 people
- If you are not with your child, make sure you know where he is and who he is with
- Set a time with your child to be back home
- Teach your child road safety rules and to look, listen and think about traffic
- Teach your child about personal safety and to never go with anyone they don't know
- Teach your child not to eat treats until a parent has checked them
- Consider alternatives to trick-or-treating, such as a home party, a local community centre or mall

For more information:

- Your local [Public Health Unit](#)
- [Halloween Safety](#) (Government of Canada)
- [Halloween Safety: Tips for Families](#) (Canadian Paediatric Society)



# School District 72 Campbell River

## 2022/2023 CALENDAR

JULY						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUGUST						
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SEPTEMBER						
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OCTOBER						
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30	31					

September 1 - Pro-d Day  
 September 5: Labour Day  
**September 6: School Opens**  
 September 30: Schools Closed - Truth and Reconciliation Day  
 October 10: School Closed - Thanksgiving  
 October 21: Non Instructional - Provincial Pro-d

NOVEMBER						
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27	28	29	30			

DECEMBER						
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25	26	27	28	29	30	31

November 1: Non Instructional  
 November 11: Schools Closed-Remembrance Day

**November 24: Student Led Conference/  
 Parent Teacher Interview Day**  
 Schools are not in regular session  
 Students only in attendance during conference time

JANUARY						
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29	30	31				

FEBRUARY						
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26	27	28				

December 19 - January 2: Winter Break

February 17: Non Instructional Day  
 February 20: Schools Closed - Family Day

MARCH						
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APRIL						
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23	24	25	26	27	28	29
30						

March 6: Non Instructional

**March 15: Student Led Conference/  
 Parent Teacher Interview Day**  
 Schools are not in regular session  
 Students only in attendance during conference time

March 27 - April 10 - Spring Break

April 7: Good Friday  
 April 10: Easter Monday

MAY						
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28	29	30	31			

JUNE						
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18	19	20	21	22	23	24
25	26	27	28	29	30	

May 22: Schools Closed - Victoria Day

June 30: Schools Closed - Administration Day

Instructional Non-Instructional Vacation Period Statutory Holiday

