

Ocean Grove Elementary

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November 2022 Newsletter

Hello Ocean Grove Community,

Monday was Drop Everything And Read Day and it was wonderful seeing every student engaged in some way with reading. Our libraries have changed so much over the years and I am so impressed with the selection kids have to choose from in our library and classrooms. Thank you to our special adults who had the chance to join us, and to Mrs. Sharpe for organizing the event.

Halloween just around the corner adds a little extra excitement. This newsletter has information about our Halloween parade and a pancake breakfast - thank you so much to our PAC for organizing and cooking up the breakfast.

These special events, assemblies and days of recognition all have a role to play in learning and belonging. As you flip through this newsletter you will notice other important dates. Our next important recognition will be Remembrance Day.

We weather is finally on the way and students will be outside on rainy days. There will be exceptions of course (extreme downpour, heavy winds ...) but 30 minutes of fresh air and exercise makes a huge difference. We appreciate preparing students as best as possible for those rainy and cold days.

Have a wonderful weekend and get a good rest for Monday!

Sincerely,

Louise Panziera, Principal



DAYLIGHT SAVINGS TIME
Clocks "fall back" one hour
On Sunday, November 6th

Important Dates

Oct. 31 - Pancake Breakfast & Halloween Parade

Nov. 1 - **NO CLASSES**
(Pro-D Day)

Nov. 11 -
SCHOOL
CLOSED

Remembrance Day

Nov. 16 - Lock Down Drill

Nov. 24 - Scholastic Book Fair

Nov. 24 - **NO CLASSES**
Student-Led Conference Day

Nov. 24 - Santa Photos

Dec. 7 & 8—Christmas Concerts

Dec. 16- Last Day of Classes before Winter Break

Jan. 3 - Schools Reopen



Bell Schedule

8:25	School Starts
10:15-10:30	Recess
11:55-12:40	Lunch
2:10	Dismissal

Happy Halloween!

Pancake Breakfast @ 8:45 am

A pancake and sausage breakfast will be provided and brought to the classrooms by our PAC volunteers, at no cost to the students. Student allergy information has been provided to the PAC and substitute items will be available. The pancake mix being used is from Costco: Krusteaz Buttermilk complete mix.

Parents have the option to either prepare and send their own items for their child to eat in the classroom, or send their own pancake mix for volunteers to cook on a separate griddle. Please communicate your food plan directly to the PAC via email: pacoceangrove@gmail.com. Finally, if parents elect for their child not to participate in breakfast, please advise their teacher.

Many thanks to the PAC for arranging and cooking this breakfast.

Costume Parade @ 9:30 am

A costume parade with all participating classrooms will start at approximately 9:30 am and will wind itself around the school. Parents/guardians are welcome to attend to view this Ocean Grove tradition.



We hope that everyone has a safe and enjoyable Halloween.

Please limit the amount of treats brought to school to one per student per day.

These treats should be enjoyed AFTER they have eaten the healthy items packed for their snack and lunch. Thank you!

Hot Lunch Program

Thanks to the efforts of our wonderful PAC volunteers, with assistance from the grade 5 leadership students, we will soon be starting up our school Hot Lunch Program.

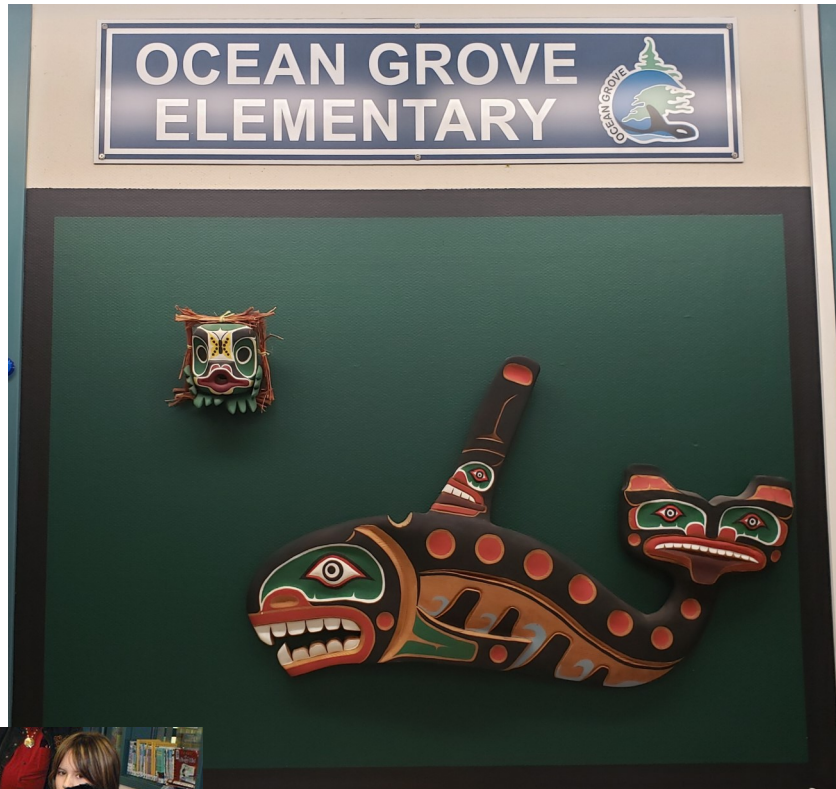


Look for full information via email sometime next week. Our first hot lunch will be on November 29th, and we anticipate that online ordering will be open on November 3rd.

Check our new foyer display by the main office door!

Both pieces were designed and carved by Ralph Wilson. Below is a photo that was published in the Campbell River Mirror on March 17, 2011, when the art was originally chiselled.

These pieces have recently been moved from a different location within the school to highlight the artistry, enhance culture, and provide a "welcome" to our community.



SANTA is coming to Ocean Grove!

The Ocean Grove PAC has arranged for Santa Claus to stop by Ocean Grove between **9 am and 2 pm** on the **Thursday, November 24th** Student-Led Conference Day.

Santa will be in the school gym to have photos taken with the students. Parents can take their own photos, and volunteers will be there to assist.



By donation - all proceeds will go to supporting our families in need.

This is a drop-in event - appointments are NOT available.

Many thanks to the PAC (and Santa!) for arranging this opportunity.



Leadership students with Items collected from our Thanksgiving Food Drive. Over 15 boxes of non-perishable goods were donated to the Campbell River Food Bank!

Important of Being on Time

How does being late just 10 minutes per day affect your child's learning time? These are the facts:

*Just 10 minutes a day = 50 minutes a week
 = 200 minutes a month
 = 2,000 minutes per school year
 = 7 days of missed learning time per year!*



Missed learning time means less opportunity for children to succeed with their learning. At Ocean Grove we know that there are times when lateness is impossible to avoid. Establishing daily family routines with your children will help you to work together to ensure that your child arrives to school on time each and every day. Helping your child develop the habit of being on time is a life skill which will benefit them now and in their future.

We recognize that sometimes students are absent due to illness, however, this just makes it all the more important for students to make every effort to attend on other days.

If possible, please schedule appointments and vacations during non-school hours in order to maximize your child's time in school.

Student Emergency Release

Thank you to everyone who has already re-turned their *Student Release Emergency Forms* to school.

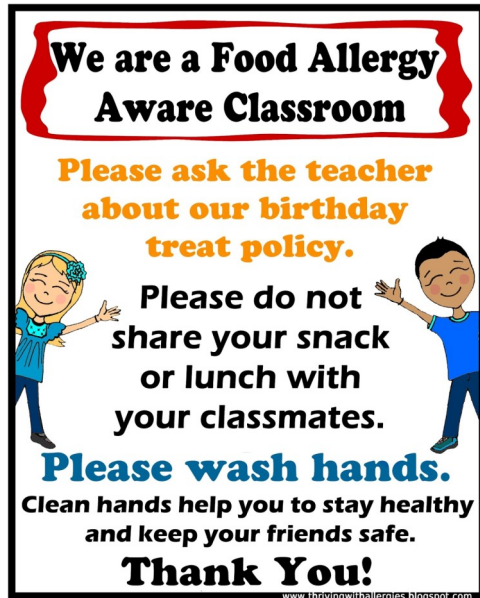
PLEASE NOTE: If there is an emergency and you have authorized the release of your children into the custody of non-guardian adults, those adults **must present identification** if they come to pick up your children.

Please pass this message along to any adults you have authorized for emergency pick-up on your completed *Student Emergency Release Form*.



Please note allergy alerts in certain classrooms - our classrooms will be free of these allergens to protect these children.

All visitors & volunteers please take notice below.



Ms. Farrell:	All Nuts
Ms. Kretlow:	Cashews, Peanuts and Pecans, Tree Nuts and Fish (airborne);
Ms. Brown:	Tree Nuts & Sesame
Mrs. Pottage & Ms. Stevens:	Peanuts, Tree Nuts and Lentils
Mrs. Gibson:	Peanuts, Nuts & Eggs
Mrs. Derouin:	Peanuts, Pistachios and Cashews

Thank you for your cooperation in keeping our children safe!

Student Photos

The delivery of Lifetouch student photo proofs has been delayed and we hope to receive them sometime next week. They will be given to students to take home. Please follow the instructions on your package for ordering photos. You may order photos either ONLINE or by paper brought to school.

If you have any questions regarding your photos please contact Lifetouch directly: **1-866-457-8212**.

Photo retake day will be rescheduled and an email will be sent to families. Any students absent on the original photo day will have their photos taken this day. If you wish your student to have retakes please return their proof package with them on retake day to hand to the photographer.

PAC Chocolate Fundraiser:

Thank you to everyone who participated in this fundraiser.

If you are still holding on to chocolate funds and/or unsold product, please return all to the school office at your earliest opportunity.

We hope to have information about the total profits raised in our next newsletter.

Student-Led Conference Day: Thursday, November 24th

Thursday, November 24th has been set for Student-Led Conferences (Parent/Teacher Interview Day).

Please keep an eye open for information from your child's teacher as to what form of communication will be used for this event.

Again, regular classes will NOT be in session on November 24th.



November Birthdays

Very happy birthday wishes to the following Ocean Grove students celebrating a birthday in November:

Olivia B.	Elaina D.		
Mason L.	Thomas D.		
Dawson M.	Juniper W.	Junior S.	Mia A.
Mateo M.	Avery G.	Rachel P.	Casen P.
Owen K.	Sam H.	Luvina A.	Guy G.
Morgan H.	Kaycee C.	Carter E.	Halen C.
Haiden H.	Waverly M.	Beau M.	



School Fruit & Vegetable Nutritional Program

Ocean Grove is once again participating in the BC School Fruit and Vegetable Nutritional Program, brought to our school by the *BC Agriculture in the Classroom Foundation*. The Foundation works with local farms and distributors to bring fresh BC products to students in schools

throughout BC. This program is supported by the Province of British Columbia.

Approximately every 2-3 weeks our school will receive a delivery of a fresh fruit or vegetable, which is available for teachers to take to classrooms and offer as an extra snack for students. It is not meant to replace the foods students normally eat at school.

For more program information visit www.bcait.ca



Early Pick-Up of Students

If you will be picking up your child early from school, we appreciate advance notice **before 8:00 am if possible**. Please email **BOTH** the school (oceangrove@sd72.bc.ca) AND your child's teacher.

Unless other arrangements are made with the teacher, please pick up your child from their exterior classroom door. Thanks!

Library News

DROP EVERYTHING AND READ - October 24th



BATTLE OF THE BOOKS

Battle of the Books for students in grades 3 through 5 will launch in November.

The list of books assigned per grade will be available shortly and posted in the Library. Interested students will be provided with a copy upon request. Information on the Battle of the Books will be shared with students during classroom Library time.



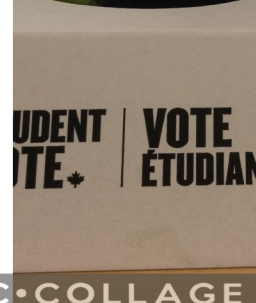
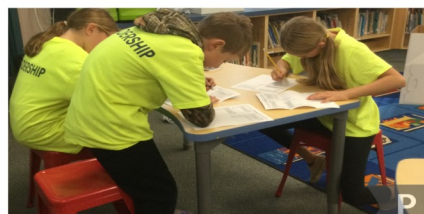
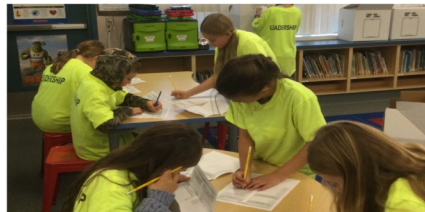
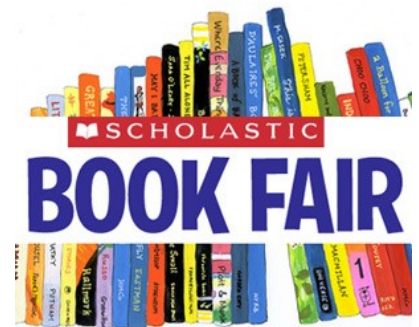
Scholastic Book Fair

Open to parents/caregivers on the Student-Led Conference Day (Thursday, November 24th).

Students (only) will have the opportunity to pre-view the collection of books with their classroom teacher earlier in the week. You can expect that students may bring home a “wish list” of items that caught their interest.

If you can't make it in to the school on November 24th, there will be the option to purchase through online orders. Additional information will be emailed to families closer to the date.

If you have any further questions or concerns, please contact the Teacher Librarian, Mrs. Sharpe, by email catherine.sharpe@sd72.bc.ca or by calling the school at 250-923-4266.



After studying the government and different levels of elections, students in grade 4/5 classes participated in Student Vote on Oct. 14.

PIC•COLLAGE

Head Lice Awareness

Head lice are common in BC communities. Although they are a bother, **head lice are not a health risk.**

Head lice spread quickly by close, head-to-head contact. Lice cannot live on furniture or carpet, and they cannot jump or fly. There may be few or no symptoms, but itching may occur.

You can help by:

Checking your child's head with the wet combing method of detection once a week throughout the year.

Review the pamphlet *How to Get Ride of Head Lice Wet Combing*, available online, at your school and [Public Health Unit](#).

Encouraging your child to wear their hair tied back.

Treating if you notice live lice on your child's head.

Reminding family and friends about the importance of routine head checks, using the wet combing method.

For more information:

Your local [Public Health Unit](#)

Read the HealthLink BC File on Head Lice [HealthLink BC File #06 Head Lice](#)



What is Physical Literacy?

Physical literacy is when kids have developed the skills, confidence, and love of movement to be physically active for life. It allows kids to learn the skills and enjoy moving their body – to walk, run, ride a bike, play sports and be physically active. It is as important as learning to read and write.

Physical literacy:

- Begins when parents encourage movement in infancy
- Develops throughout life
- Can be a gift that is shared between generations

Kids develop physical literacy gradually through a variety of structured and unstructured activities. The nature of these activities changes as kids grow in age and ability.

0-3 Years Encourage early movement

Example: Catching bubbles

3-5 Years Expand on play, and keep it fun

Example: Head and shoulders, knees and toes game

5-8 Years Increase the focus on fundamental movement and skills

Example: Red light, green light game

8-12 Years Introduce more complex skills as kids are ready

Example: Hop scotch

"Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life."

~ The International Physical Literacy Association, May 2014
[Canada's Physical Literacy Consensus Statement June 2015](#)

Your local [Public Health Unit](#)

Your local Parks and Recreation

[Sport for Life](#)

[Active for Life](#)

[Physical Literacy](#)

[Appetite to Play](#)

[Healthy Schools BC](#)

[2018 ParticipACTION Report Card: The Brain + Body Equation](#) (video)

Weather Closures of School

The Campbell River School District will try to keep schools open on every regular instructional day. Any decision to close schools is made by the Superintendent in consideration for the safety of our students. As winter approaches, the likelihood of school disruptions due to snowfall or power outages increases.

While the information below outlines how the Superintendent may decide to close schools, the CR School District, and our schools, respect and support parents if they feel that it is unsafe to send their child to school or wish to pick-up their child early due to potentially unsafe weather conditions.

In the Event of Extreme Weather Overnight

The Superintendent will make a decision on whether or not to close schools by 6:00 am after consulting with the manager of operations and head bus driver.

If the decision is to close schools, parents and students will be informed with an alert notice posted on the top of the district and all impacted school websites, as well as on the district's Facebook page (Campbell River School District—SD72) and Twitter account (@CRSD72). Local radio stations (99.7 FM—2Day FM; 97.3 FM—The Eagle; 98.9 FM—The Goat; 95.7 FM—Coast FM; 90.5 FM—CBC Victoria; and Spirit Radio), as well as CTV Vancouver Island News, CHEK TV, Global BC News, Shaw Cable, and the City of Campbell River's snow removal line will also be informed.

Staff will receive notification through email and all of these communications will be activated no later than 7:30 am. Please note that sometimes, give the number of calls that the radio and TV stations receive from other organizations, these media outlets may be delayed in getting closure information out.

If schools are open, the notification methods outlined out will NOT be activated. If there is no alert notice on the homepage of the district website or on the local radio stations, it is because schools are open and regular programming will be in session.

In the Event of Extreme Weather During School Hours

Sometimes it may be necessary to dismiss school early if weather conditions change and create a concern for the safety of students in returning home. After consulting with local authorities, the manager of operations and head bus driver, the Superintendent will instruct school principals to dismiss school early.

An alert notice with specific closure information will be posted at the top of the district and all impacted school websites, as well as on the district's Facebook page and Twitter account (see above). Parents and emergency contacts will be called and local radio stations notified.

Southgate Karate Club

Free for any SD 72 Students Ages 10+

Wednesdays at Southgate Middle School

(in the gym) from 3:00-4:15

For more information, or to sign up, contact Sherry at slaffling@outlook.com



KYOKUSHIN

Kyokushin is one of the largest karate organizations in the world! Kyokushin karate is world renowned for its realistic style of karate where students participate in realistic self-defense situations in a safe and controlled class.

Students will learn a developmentally appropriate introduction for how to kick and punch, block and evade, fight and self-defend. Kyokushin Karate also develops one's personal growth, self-awareness and self-confidence through perseverance, concentration and mental focus. ***"Perseverance under pressure"***

LEARN TO SKATE FOR ALL ICE SPORTS

WITH THE

*Campbell
River*
SKATING CLUB



Registration is open for the Fall term!

- CanSkate Learn to Skate
- PreCanSkate (age 3-5)
- Parent and Tot
- CanPowerSkate Hockey
- STARSkate Figure Skating (Youth or Adult)

Learn more and sign up online!

SkateCampbellRiver.ca



Skate
Canada



Parent and Caregiver Peer Support Group

Hosted by:



Shannon McKirgan Youth and Family Counsellor

Christopher Bennett Clinical Coordinator and Program Manager

Orsi Foldesi Youth Outreach and Peer Support Worker



List of topics we will be focusing on:

Emotional regulation, Communication skills, Social media and screen time, Substance use, Conflict management and other parenting related topics

Where: FOUNDRY, 140 10th Ave, Campbell River

Drop in based on availability. (12 parents max)

To register feel free to e-mail: orsi.foldesi@jhsni.bc.ca

Dates in 2022:

October 19th Wednesday 5:30-7 pm

November 16th Wednesday 5:30-7 pm

December 7th Wednesday 5:30-7 pm

Operated by **JohnHoward**
The John Howard Society of North Island

