

# SD72 PARENT HOME LEARNING LESSON

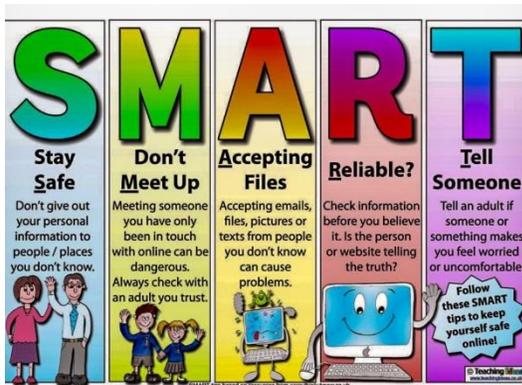


## Digital Wellness – Going Places Safely



### PURPOSE / SKILL: Digital Wellness – Safety Lesson #1

How can we go places safely on the internet?



- Discover that the internet can be used to visit faraway places and learn new things.
- Compare how staying safe online is similar to staying safe in the real world.
- Explain rules for traveling safely on the internet..

- Learn the SMART acronym for staying safe online

**MATERIALS:** Lesson PowerPoint – Link [HERE](#); Pen; Paper; Poster Paper



**INSTRUCTIONS:** Follow the instructions included in the PowerPoint – they are presented in a step-by-step fashion with all the links for videos, storybooks, handouts included.

*Tips and Tricks, Extension activities and Additional Information for Parents are located on the last two slides.*

**ACTIVITY:** Storybook, game, video, poster.

**AQUIRE - EXPLORE**

- Talking to strangers is just ONE thing you can do while online that isn't safe.
- You need to be aware of other situations that might come up while online.
- Each situation will require one of three actions: **STOP**, **SLOW** (ask an adult), **GO**

Colour each emoji appropriately. THEN, listen to what is being read to you and hold up the correct emoji for the correct action.

[Emoji Colouring Sheet](#)

UNSAFE ASK an ADULT SAFE

STOP SLOW GO

**POSSIBLE NEXT STEPS/EXTENSION ACTIVITIES:**

- Make a list of safe websites to keep beside the computer – [VIEW ACTIVITY](#)
- Create a poster for a set of rules that will keep user safe while using the internet.
- Create OWN version of SMART poster with examples for K-2 level children.