



Fall Schedule



Whether you are a first time volleyball player or an experienced athlete, join **Team Canada Alumni**, Coach Julie Young, at the Robron Centre gym and learn a new skill!

Smashball is a dynamic and innovative program designed for athletes in grades 3-5, which teaches the FUNdamentals of volleyball.

Play & Train is designed to get athletes ready for the upcoming club volleyball season. Led by elite coaches, our sessions will focus on building a strong technical foundation, enhancing volleyball IQ, and creating a supportive, yet competitive environment for maximum growth.

SMASHBALL

Where: Robron Gym

When: Thursdays

Oct 24th-Nov 28th

Ages: Grades 3-5

Co-ed

Cost: \$150

Register at:

<https://crushvb.ca/smashball-registration/>

PLAY & TRAIN

Where: Robron Gym

When: Thursdays 5:45-7:15

Oct 24th-Nov 28th

Ages: Grades 6-7

Co-ed

Cost: \$150

Register at:

<https://crushvb.ca/play-train-registration/>

PLAY & TRAIN

Where: Robron Gym

When: Tuesdays 7:15-8:45

Oct 24th-Nov 28th

Ages: Grades 8-10

Co-ed

Cost: \$150

Register at:

<https://crushvb.ca/play-train-registration/>

(Registration must be completed on a computer)

