

AFTER-SCHOOL GRIEF GROUP AGES 6-11

If you've lost someone special, you're not alone. Join us in a safe, supportive space to heal together. Includes activities, snacks, mindfulness, relationship therapies, and more.

Starts on October 1 and then Every 2nd Wednesday 3:30-4:30 pm

Registration required:

Corenna@crhospice.ca or 250-286-1121