

## Are you <u>really</u> **ready** for SEX?



Only IF....

- 1. You and your partner are of **legal age** (12?). (OMG really?)
- 2. Having a sexual relationship at this time in your life does not violate your religious or moral **ethics.**
- 3. You do not feel **guilty or frightened** about friends/family knowing.
- 4. You are **confident** that you will not be humiliated and that your reputation will not be hurt.
- 5. Neither partner is pressuring the other for sex.
- 6. You are **NOT** trying to:



- a. prove your love for the other person
- b. prove that you are mature
- c. prove you can attract a sexual partner
- d. prove your sexual orientation
- e. get attention, affection or love
- f. rebel against your parents society etc
- g. improve a poor relationship.
- 7. You can have fun together without any sexual activity and feel safe being "yourself".
- 8. You can discuss the potential of contracting or transmitting **sexually transmitted diseases** and are both prepared to get regular medical checks.
- 9. You have discussed and agreed on what BOTH of you will do if **pregnancy** occurs, because no contraception is 100% effective.
- 10. You can **afford** condoms and prescription medicines and are not embarrassed to have them filled.



