École Willow Point Elementary

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Dear Parents and Guardians,

It is hard to believe that it is already the second week of May! This is an exciting time of the year as we continue to see our students make progress in their studies, combined with all the energy that spring brings. We are heading into the second month of the last term of learning. This does not mean a slowing down of pacing or learning, rather, a time for students to really show how far they have come in their learning since September. They will be engaged in various projects and activities from now until the end of June.

On Monday, May 27th at 6pm the PAC is having their Annual General Meeting. We would like to take this opportunity to thank all the parents who have contributed to the PAC. Your involvement has directly impacted the students who attend Ecole Willow Point. Many of the things we do such as beach day, field trips, cultural performances, hot lunches, and family fun fairs are the results of your efforts **–THANK YOU!** None of these events would happen without your involvement.

Finally, thank you to all our Ecole Willow Point families who continually support our students.

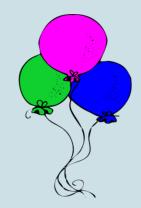
With Gratitude,

Hendrick Horsthuis and Rachel Black

MAY BIRTHDAYS

BONNE FÊTE

John	May 2	Makena	May 2
Sebastian	May 6	Rylen	May 8
Juno	May 9	Gavin D	May 10
Oceanna	May 13	Hattie	May 13
Louisa	May 14	Alexis	May 17



Kennedy May 19

Atticus May 21 Finnegan May 21 Caydence May 21 Soren May 23 Morgan May 27 Rhiannon May 28

Gracie May 29





From Monday to Wednesday, **June 3-7**, EWP will be participating in the HUB cycles Pilot Project **Learn2RIDE**. This is a biking program designed for grade 4/5 students which focuses on bike safety and rules of the road, supporting the curriculum goals of safe active travel and physical literacy development.

Our PAC is supporting this program by sponsoring Chenoa and James from Swicked Cycles to run the on-bike portion of this program for all students from **Grades 2-5**.

HUB Cycles will deliver a trailer of bikes to EWP for students to use. We know many of our students will prefer to bring their own bikes and they are welcome to do so. Because the program was designed for intermediate students, we need to ensure our Grade 2 and 3 students have access to a bike. Please let your classroom teacher know if your child needs a bike and we will plan so all students can participate.

Classroom teachers will lead students through an online Learn2Ride course which covers: the parts of the bicycle, ABC Quick Check, Locking a Bicycle, Helmet and Safety Gear, and the ABCs of Bike Safety: Awareness, Behaviour, and Communication.

This event has been organized with Bike-to-School week in mind (also June 3-7th).

Thank you to Georgina Knox who has organized this pilot program for several elementary schools in our District!



You are invited to EWP's school

COMMUNITY Appreciation

Come for free coffee, muffins, musical performances, and a slideshow!

May

Thursday 30

2024

8:25am - coffee & tea mingle 8:45am - Program

Ecole Willow Point Gym

Parents & Volunteers,

You put the Spring in our step!









Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Non Instructional Day PRO D	7	8	9	10	11
12	13 Will's Jam Theatre @EDM	14	15	16 Track Meet for Gr 5 students @ Phoenix.	Welcome to Kindergarten 12:45-2:00	18
19	20 No School	21	22	23	24	25
26	27 PAC AGM 6:00 pm	28	29	30 Parent Appreciation morning	31 Grade 5 to Phoenix	

KEEPING ACTIVE CHILDREN HYDRATED

When children are playing they may need to be encouraged to drink to prevent dehydration

Water is the best choice to keep children hydrated.

Recommended: Water, milk, fortified soy, almond or rice beverage

Not Recommended: Sports drinks*, energy drinks

(*Sports drinks are high in sugar and are only for those exercising and sweating for longer than an hour.)



Keep active children hydrated:

Offer water often, especially during activity.

Provide water or milk and watery snacks like watermelon, cucumber or smoothies after activity.

Avoid juice and give fresh fruit instead.

Is your child's water bottle safe?

Use stainless steel bottles or plastic bottles that are designed for reuse. Disposable plastic bottles that are filled with water, pop, sports drinks, etc., should not be reused.

Wash water bottles every day!

Wash water bottles well by hand each day. Dishwashers do not clean all parts of the inside of the bottle. Recycle any bottles that show signs of wear such as scratches, dents, or a cloudy, cracked appearance.

For more information:

Your local Public Health Unit

<u>HealthLinkBC and Dietitian Services</u> or dial 8-1-1 and ask to speak to a Registered Dietitian (a free call)

<u>What's in the Bottle? From Sports Drinks to Vitaminized Water</u> (PDF)

Sip Smart! BC

PROTECTING YOUR CHILD'S HEARING

Some hearing facts...



This Is because their nervous systems are not mature. Children learn best in quiet, both at home and school.

Noise or loud music can hurt your child's ears! Firecrackers are really dangerous – they can cause sudden permanent damage. Power tools, lawnmowers and even loud music can damage the delicate inner ear. When your child is around loud noises, protect them with earplugs or earmuffs or better still, avoid the noise.

Do you have concerns about your child's hearing? Contact a <u>Public Health Unit</u> Hearing Clinic to arrange a hearing test for your child.

For more information contact:

Your local Public Health Unit Hearing Clinic: Courtenay 250-331-8526





PLAY IT SAFE WITH YOUR SMILE

Every year, sporting accidents cause broken teeth and injury to children's mouths. Mouth protectors help prevent injury to teeth and lips during sports such as ice and field hockey, baseball, basketball, soccer, lacrosse and rugby.

Adults can be good role models by wearing helmets and mouth guards to prevent sports injuries and encouraging children to do the same.

Mouth guard kits are available at sporting goods stores for under \$20.00. Ask the store about the best guard for the particular sport. These mouth guards are quick and easy to fit, but are not suitable for use over braces or other oral appliances. For a custom fit mouth guard, contact your dental office.

Accidents can happen. If a tooth is knocked out, there may be blood. This is upsetting to the child and the adult attending to the emergency. Reassure the child, take a deep breath yourself, then:

- Find the tooth if possible, hold by the crown and place in milk or water
- Rinse the mouth with warm water and apply cold compress
- Call a dentist immediately

Play it safe with your family's smile.

For more information:

• Island Health, Public Health - Dental:

Comox Valley Health Unit 250-331-8520

Campbell River Health Unit 250-850-2110

Port Hardy Health Unit 250-902-6071

