

École Willow Point Newsletter October 2023

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Dear Parents and Guardians,

Autumn is upon us already! Our staff have been working hard assessing students to see where they are in their learning, to plan their instruction to best meet the needs of their students. We continue to be inspired to see how well the staff at Ecole Willow Point work together to make it a place of learning that is focused on the needs of all our students.

On Wednesday September 22nd we hosted our annual Terry Fox run and raised a total of \$1324.30 which surpassed our \$500.00 goal. Way to go, Ecole Willow Point students! Thank you to all who donated to keep Terry's legacy alive. We know his family would be proud to see the enthusiasm and positive attitude displayed by our school community during this event.

On October 5th we are celebrating "World Teacher Day". We would like to take this opportunity to thank our teachers, and all our staff, who continue to serve our students. It is quite remarkable to think what has been accomplished since we have been in session and as we head into Thanksgiving, we are thankful to be part of this team.

Finally, it was wonderful to see all the families and Ecole Willow Point Alumni at our Muffin Morning. The turnout was amazing, and we will make sure to have more muffins and coffee at our next one .

Have a restful Thanksgiving on October 9th. We continue to be grateful to be a part of this community.

Warm Regards,

Hendrick Horsthuis and Rachel Black

Canadian Parents for French (CPF) invites you to:

Parent and Caregiver Workshop: Back To School French Reading Tips

What: This is a recorded webinar for parents/guardians on supporting your learner at home with their French reading! In this session, Nicole Balston will offer guidance and strategies to address your learner's needs. Nicole will provide specific instruction to support each level of foundational French learning. This session is ideal for those who do not speak French but want to support their learner in their French language journey!

Nicole is a reading specialist whose specialty is teaching students (and parents!) the rules behind the French code so they can read confidently in French. She is passionate about giving parents concrete strategies to support French immersion – even if they don't know French themselves!

Where: EDM Library

When: Wednesday, October 11th 3:00-4:00

Any Questions? Please email Tara Murphy at campbellrivercpf@gmail.com

Need Childcare? Depending on numbers/availability, we **may** be able to provide childcare. Please RSVP to: campbellrivercpf@gmail.com if you are interested in this service.

Attendance Notifications

We appreciate very much the phone calls and emails advising us of your child's absence. Please remember to include the **reason** for the absence: (illness, appointment, etc.) as we track illness for reporting to VIHA. If your child will be absent for a block of time, please let us know and we can put the absence in for that period of time and not bother you with phone calls home.

Leaving a message on the attendance line is the best way to notify us of an absence. 250-923-4311
Thank you again!



EWP Students taking part in the annual Terry Fox Run
Our school raised a whopping \$1324.00 to be donated
To cancer research
Way to go EWP and way to go Terry!!

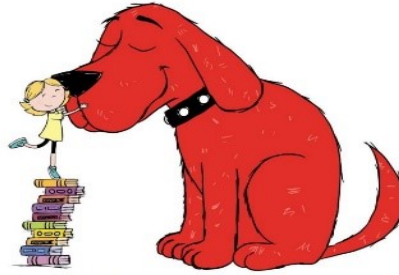


MME HALLIDAY'S KINDERGARTEN CLASS ON ORANGE SHIRT DAY



Mme Halliday never
misses an opportunity
to wear her PIZZA
DAY costume!!





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Mark your calendars! Our school's **Scholastic Book Fair** is coming back! From October 30th to November 2nd, and it will be open to parents on Wednesday November 1st during our Student Led Conferences from 8:30am to 4:00pm. Discover new and bestselling titles coming right to our school. Bonus: Every purchase supports our school library and helps to keep kids reading.

The Scholastic Book Fair empowers our students to choose books they love, and with so many options, they're sure to find themselves in the pages.

This year's Fair is going to be epic, but we need a couple of volunteers to make it happen. If you're available to lend a hand at this upcoming event, please contact Mme Alex (alessandra.simonut@sd72.bc.ca) to let her know your availability. We will need help with set up, assisting students with purchases, counting student money during the day, and take down at the end of the day Thursday.



PARKING LOT ETIQUETTE

Please do not use the area in front of the school (red & yellow curbs) as a parking area. This area is quick drop off only. If you will be leaving your vehicle, please park in the parking lot. Cars parked in the drop off area cause congestion and danger to our students.

Thank you for your cooperation

OCTOBER BIRTHDAY WISHES!



Silas 01	Miranda 01	Clarity 03	Eva 04	Chloe 05
Greta 05	William 06	Autumn 07	Emilian 10	
River 11	Colin 11	Benjamin 15	Makayla 29	



October 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1	2 Truth & Reconciliation Day No school	3	4 Photo Day 	5	6	7
8	9 No school 	10	11	12 Hot Lunch Boston Pizza	13	14
15	16 PAC Meeting 6:00 pm	17	18	19 Hot Lunch Subway Great Shake Out	20 Non-instructional Day	21
22	23	24	25 Photo Retake Day Pizza lunch	26 Hot Lunch Katie's Rice Box	27 Halloween Carnival 5:00 pm	28
29	30	31  				

WHO SHOULD GET THE SEASONAL INFLUENZA (FLU) VACCINE

The influenza vaccine protects against viruses that cause seasonal influenza, often called the flu. The vaccine does not protect against other viruses or bacteria that cause colds or stomach illness such as “stomach flu.”

Influenza, often called seasonal flu, is an infection of the nose, throat and lungs caused by the influenza virus. A person with influenza is at risk of other infections, including viral or bacterial pneumonia (infections of the lungs). Influenza spreads easily from person to person through coughing, sneezing, or having close face-to-face contact. The virus can also be spread when a person touches an object contaminated with the influenza virus and then touches his or her mouth or nose.

For more information, or to find out who is eligible for **the free annual vaccination**, please contact: Your Public Health Office

KEEPING YOUR CHILD SAFE ON HALLOWEEN

Trick or Treating can be a risky time for children. Up to about 10 years of age, children do not have the skills to be safe in traffic.

Here are some tips to help keep your child safe:

- Make sure your child has a light and/or reflective clothing
- Have an adult go with your children, especially if they are under 10
- If your child is not with an adult, make sure she is in a group of at least 3 people
- If you are not with your child, make sure you know where he is and who he is with
- Teach your child road safety rules and to look, listen and think about traffic
- Teach your child about personal safety and to never go with anyone they don't know
- Teach your child not to eat treats until a parent has checked them
- Consider alternatives to trick-or-treating, such as a home party or local community centres or malls



LIFE-THREATENING FOOD ALLERGIES AND SPECIAL DAYS

Special days like birthdays, Easter and end-of-year parties are often times of celebration with friends, family and food. However, for students at our school who have life-threatening allergies, these can be very risky times. You can help to keep allergic students safe by:

- Celebrating with stickers, games or prizes instead of food.
- Not sending or bringing peanut, nut, or other allergen-containing products to school.
- Checking in with the teacher/school ahead of time to find out if any special celebrations are planned.
- Remind students to tell an adult right away when they might be having a reaction.
- Make sure the teacher and school staff know what to do if a student has a reaction.



TRICK OR TEETH!

When it comes to Halloween candy and tooth health, the "all or nothing" approach is best. Giving children their Halloween candy over days or weeks is not the best choice. The risk of tooth decay increases with the amount of sugar and the number of times teeth are exposed to it.

Tooth safe suggestions for enjoying Halloween treats are:

- Serve a healthy dinner (or snack) before trick-or-treating. You will know your child has eaten **something** nutritious on this exciting night.
- Limit the number of times teeth are exposed to sugar by encouraging children to eat treats at one sitting. Offer water and be sure to brush their teeth afterwards.
- Cut down on the number of sugary treats children receive by handing out "tooth-friendly" options like stickers, temporary tattoos, fancy pens and pencils, or toothbrushes!

And of course, remember to floss and brush with fluoride toothpaste before going to bed, or there could be some very *scary* results!

For more information:

- Island Health, Public Health - Dental:

Saanich Health Unit	250-519-5100
Esquimalt Health Unit	250-519-5311
Peninsula Health Unit	250-544-2400
West Shore Health Unit	250-519-3490
Duncan Health Unit	250-709-3050
Nanaimo Public Health	250-755-3342
Port Alberni Public Health Services	250-731-1315
Comox Valley Health Unit	250-331-8520
Campbell River Health Unit	250-850-2110
Port Hardy Health Unit	250-902-6071



WHAT IS PHYSICAL LITERACY?

Physical literacy is when kids have developed the skills, confidence, and love of movement to be physically active for life. It allows kids to learn the skills and enjoy moving their body – to walk, run, ride a bike, play sports and be physically active. It is as important as learning to read and write.

Physical literacy:

- Begins when parents encourage movement in infancy
- Develops throughout life
- Can be a gift that is shared between generations

Kids develop physical literacy gradually through a variety of structured and unstructured activities. The nature of these activities changes as kids grow in age and ability.

0-3 years	3-5 years	5-8 years	8-12 years
Encourage early movement.	Expand on play, and keep it fun.	Increase the focus on fundamental movement and skills.	Introduce more complex skills as kids are ready.
Example: Catching bubbles	Example: Head and Shoulders, Knees and Toes game	Example: Red Light Green Light game	Example: Hopscotch game

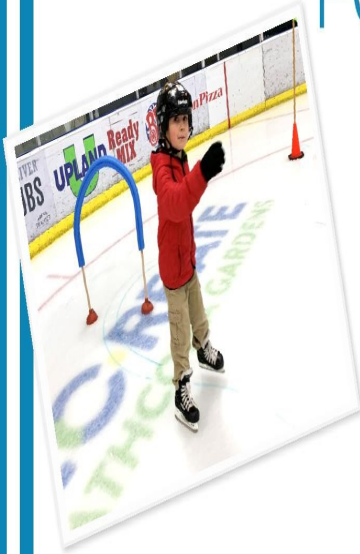
"Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life."

~ The International Physical Literacy Association, May 2014
[Canada's Physical Literacy Consensus Statement June 2015](#)

LEARN TO SKATE FOR ALL ICE SPORTS

WITH THE

CAMPBELL
River
SKATING CLUB



Register now for Fall programs!

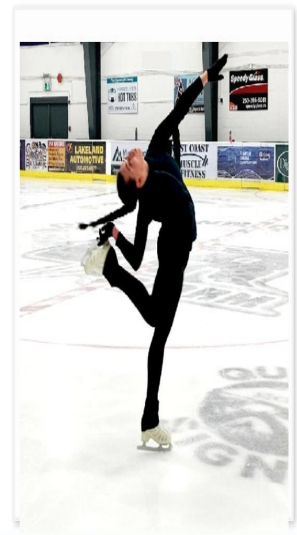
- CanSkate Learn to Skate
- PreCanSkate
- Parent and Tot
- PowerSkate Hockey
- STARSkate Figure Skating (Youth or Adult)

Sign up online!

SkateCampbellRiver.ca



SCAN TO
SIGN UP



Skate
Canada