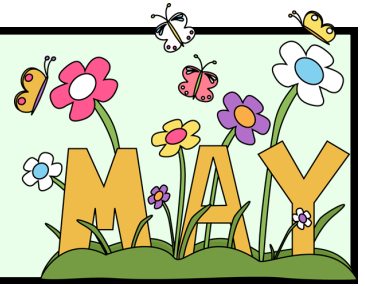


École Willow Point Elementary

250 Larwood Road, Campbell River, BC V9W 1S4

Tel: (250) 923-4311

Fax: (250) 923-4157



Dear Parents & Guardians,

We are already planning our next school year, and it is important for us to have accurate numbers for class configuration and for staffing. Therefore, if you are planning to move or transfer your child, please let us know as soon as possible as this has an impact on our numbers. Our Kindergarten registrations were lower this year, and as a result we are likely to go down one class in September. Right now, our classes are getting full, and we are starting a wait list, so please let us know as soon as possible if your child is not going to be attending our school in September.

Year End Celebration / Family Appreciation Event We are planning a year end celebration / family appreciation event to thank you for all the support you have given us throughout the year. It will take place on **June 23rd** during the day. Please see the details in the following pages. We wanted to avoid a packed gym so we organized the classes into three groups and will have three presentations of approximately 30 minutes each. If you have children in more than one presentation, you are welcome to attend each presentation. Please see the details below.

Nature scaping Project: We are getting ready to do our planting at the end of the month. Mitch Kearns, a volunteer parent, will help preparing the berm and the area. Students will do a biodiversity scavenger hunt in the nearby forest and compare to the site before planting. We ordered the trees, shrubs, and plants from Streamside Native plants and are in the process of ordering the soil. We received a \$3500.00 grant from HCTF (Habitat Conservation Trust Foundation) and our PAC has allocated money to help with the project as well. Thank you so much!

What do we need from you? We will need volunteers with trucks to be getting mulch from Greenways Land Trust and volunteers to pick up the order of trees, shrubs, and plants from Streamside in Bowser. If you would like to help, please contact the school and let us know.

Welcome to Kindergarten We will host this event on Friday, May 27th from 1:00 - 2:00 pm. We sent an invitation to the families who registered children for September and are looking forward to meeting our future Kindergarteners!

Ready Set Learn Ready Set Learn is an event for children aged 3 or 4 years old, who will not be entering Kindergarten in September. Parents are invited to bring their little one to school and participate in activities planned by K teachers. The goal is to promote activities children and parents can do together to prepare for school. If you have pre-schoolers at home, you are welcome to attend. The district will post an invitation on its website and in the local newspaper. If you are planning to come, please let Jeannie know by phone (250-923-4311) or email (jeannie.wernig@sd72.bc.ca).

Summer School There will be summer school this year starting on July 4th. We haven't received the program yet, but it will soon be posted on the district website.

We would like to thank everyone for continuing to respect our safety protocols. We appreciate your support and help in keeping our students and staff safe.

Wishing you a great month of May!

Louise Guèvremont and Rachel Black

MAY BIRTHDAYS

BONNE FÊTE



John	May 2
Warren	May 6
Sebastian	May 6
Rylen	May 8
Gavin D	May 10
Oceanna	May 13
Atticus	May 21
Finnegan	May 21
Caydence	May 21
Soren	May 23
Morgan	May 27
Zacary	May 29
Violet	May 31

MOVING ?

At this point of the year we are looking at our enrolment numbers for the Fall - if you are planning a move during the summer and will not be attending our school in the Fall please let us know asap. Thank you!

Another great Birthday Board created by Shelley
special thanks to Oceanna for her help!

MAY BIRTHDAY BOARD

BONNE FÊTE

MAI





Students lined up to try their hand at a game of chance in M Remy's class
"Arcade"





M Remy's class created
their own Arcade!

And it was a hit with everyone!

Year End Celebration / Célébration de fin d'année

Thursday, June 23 in the gym

This is the schedule in class order for the celebration, if you have children in more than one group you are of course invited to stay for all.



9:30 - 10:00 Classes of Mme Flora/ Valérie, Mme Louisel, Mme Bruinsma, Mme Alice

11 :00 - 11 :30 Classes of Mme Kala, Mme Joy, and Mme Halliday

1:30 - 2:00 Classes of M Rémy, Mme Mireille, Mme Mona, Mme Strebel

VOLUNTEER'S REQUIRED!

Dear EWP Parents, as part of our Nature Scape project we will require some parent volunteers to pick up Mulch that has been donated by Greenways Trust. Also, the shrubs and trees need to be picked up in Bowser. If you have a truck or trailer and can help out please contact the office at:

jeannie.wernig@sd72.bc.ca

VOLUNTEERS NEEDED!



Library News



Reading Challenge

Read a book
in a series

☐

Read for 1 hour

☐

Finish 3 books
this summer

☐

Read a
biography

☐

Read Fantasy
or Suspense

☐

Read a
comic/graphic novel

☐

Return a
book early

☐

Sora

The student reading app



soraapp.com

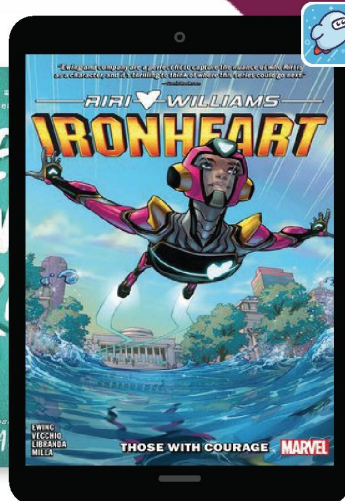


ALWAYS AVAILABLE EBOOKS AND AUDIOBOOKS

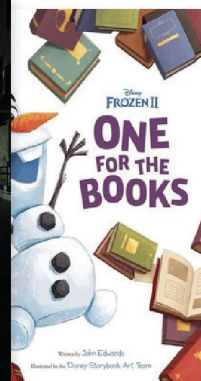
MAY 4 - AUGUST 17



Disney



MARVEL



Disney





Sora

The student reading app



MAY 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Pizza Lunch 	5	6 Hot Lunch	7
8	9	10	11	12	13 Hot Lunch	14
15	16	17	18	19	20 Hot Lunch	21
22	23 Victoria Day No school	24	25 Pizza Lunch 	26	27 Ready, Set, Learn 9 -10 Welcome to Kindergarten 1: 00—2:00	28
29	30	31				

KEEPING ACTIVE CHILDREN HYDRATED

When children are playing they may need to be encouraged to drink to prevent dehydration (not enough water in the body).

Water is the best choice to keep children hydrated.

Recommended: Water, milk, fortified soy, almond or rice beverage

Not Recommended: Sports drinks*, energy drinks

(*Sports drinks are high in sugar and are only for those exercising and sweating for longer than an hour.)



Keep active children hydrated:

Offer water often, especially during activity.

Provide water or milk and watery snacks like watermelon, cucumber or smoothies after activity.

Avoid juice and give fresh fruit instead.

Is your child's water bottle safe?

Use stainless steel bottles or plastic bottles that are designed for reuse. Disposable plastic bottles that are filled with water, pop, sports drinks, etc., should not be reused.

Wash water bottles every day!

Wash water bottles well by hand each day. Dishwashers do not clean all parts of the inside of the bottle. Recycle any bottles that show signs of wear such as scratches, dents, or a cloudy, cracked appearance.

For more information:

Your local [Public Health Unit](#)

[HealthLinkBC and Dietitian Services](#) or dial 8-1-1 and ask to speak to a Registered Dietitian (a free call)

[What's in the Bottle? From Sports Drinks to Vitaminized Water](#) (PDF)

[Sip Smart! BC](#)

PROTECTING YOUR CHILD'S HEARING



Some hearing facts...

Children have more trouble hearing in noisy environments than adults! This is because their nervous systems are not mature. Children learn best in quiet, both at home and school.

Noise or loud music can hurt your child's ears! Firecrackers are really dangerous – they can cause sudden permanent damage. Power tools, lawnmowers and even loud music can damage the delicate inner ear. When your child is around loud noises, protect them with earplugs or earmuffs or better still, avoid the noise.

Do you have concerns about your child's hearing? Contact a [Public Health Unit](#) Hearing Clinic to arrange a hearing test for your child.

For more information contact:

Your local [Public Health Unit](#) Hearing Clinic: Courtenay **250-331-8526**





National Child & Youth Mental Health Day

CONNECT AND LEARN WITH US - An Online Event for Parents & Caring Adults

The ABCs of Substance Use and Connecting With Our Kids

MAY
4

Talking about substance use with our kids is important, but we don't always know how. Join us for a conversation with Senior Associates of Youth Substance Use Health Promotion, a Youth Addiction Counsellor, and Parents to talk about the basics of substance use; from pre-experimentation to casual using. We will focus on the importance of our relationships and staying connected to our kids.

This event will not cover chronic use and addiction.

Time: 6pm - 8pm

Register at: familysmart.ca/events

Cindy Andrew is a mother of two, a former teacher and long time health promoter. She is a senior associate on the team leading The ABCs of Youth Substance Use, a BC government funded project focused on supporting schools – and by extension, parents and caregivers, in addressing substance use with youth. A former program consultant with the Canadian Institute on Substance Use Research, Cindy also works with a Vancouver Island based school district in supporting their health promoting schools related efforts, which includes connecting with and support parents and caregivers.

Angela Lawrence is a parent of 2, a certified educator and a registered clinical counsellor. Angela works to support youth who present with substance use issues.

Art Steinmann brings over 40 years of experience in substance use policy, education, program development, advocacy and health promotion work. Art is a Senior Associate, Youth Substance Use Health Promotion, Bunyaad Public Affairs Inc. From 2005 – 2021 Art was the co-founder, co-developer and Manager of Substance Use Health Promotion and SACY (Supporting and Connecting Youth) for the Vancouver School Board.

Victoria Keddiss is a FamilySmart Practice Manager & Facilitator. Victoria is a mom of two adult children and is grateful for the teachings of her children along the way.

RESOURCES

‘intheknow’

connect + learn

A Conversation for Families About Digital Wellness and Mental Health

WEBSITES:

[Back to School: Gaming & Screen Time Tips for Families](#)

[Building Healthy Screen Habits | Kelty Mental Health](#)

[Common Sense Media](#)

[Keeping Tech in Check: Developing Healthy Habits In Your Family | Kelty Mental Health](#)

[The White Hatter - Internet Chat Lingo](#)

[5 Questions to Ask Before You Get Your Kid a Phone | Common Sense Media](#)

BOOKS FOR PARENTS AND CAREGIVERS:

“Reset your Child's Brain” by Dr. Victoria Dunckley

["The Tech Solution" by Dr. Shimi Kang](#)

PODCASTS:

["A Parents' Essential Guide to Thriving Kids in a Digital Age" by Dr. Kristy Goodwin](#)

["Keeping Tech in Check: Developing Healthy Habits In Your Family" by Where You Are featuring Dr. Shimi Kang](#)

["Kids and Digital Wellbeing" by Parenting in the Trenches with Karen Peters featuring Dr. Kristy Goodwin](#)

MORE FROM FAMILYSMART:

[Collaborative Problem Solving](#) - Video Resource

[Some Ideas for Helping Conversations Go Better.pdf](#)

[What to Say to Kids \(and Teens\) When Nothing Seems to Work](#) - Video Resource

Visit our [Video Library](#) for more great video resources



www.familysmart.ca

