



# École des Deux Mondes

## MAY 2022 NEWSLETTER

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V9W 4A3

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EDM Email: [edm@sd72.bc.ca](mailto:edm@sd72.bc.ca)

PAC Email: [edmpac72@gmail.com](mailto:edmpac72@gmail.com)

Website: [École des Deux Mondes](http://ecole.des.deux.mondes.ca)



We, the school community, will provide a safe, supportive, bilingual environment which challenges and encourages all students to strive for their personal best as responsible lifelong learners.

À l'École des Deux Mondes, nous, la communauté scolaire, fournira un environnement sécuritaire et ce, dans un milieu sain, bilingue et créant des défis aux élèves en les encourageant à faire de leur mieux afin de devenir responsable de leur apprentissage pour toujours.

EDM PAC Meeting May 11th~ 07:00 PM Via Zoom

<https://us02web.zoom.us/j/86241577614...>

Meeting ID: 862 4157 7614 Passcode: 835886

Facebook Page: <https://www.facebook.com/groups/104065542832/?ref=share>

### PAC EXECUTIVE

**PRESIDENT:**  
Jamie Clark

**VICE-PRESIDENT:**  
Matt Liutkus

**SECRETARY:**  
Joanne Liutkus

**TREASURER:**  
Kathryn Kirkwood

**FUNDRAISING  
COORDINATOR:**  
Jessica John

**HOT LUNCH &  
FRUIT/VEGGIE  
PROGRAM:**  
Erickia McNair  
Jenn Menard

[edmpac72@gmail.com](mailto:edmpac72@gmail.com)

### PRINCIPAL'S MESSAGE

May is filled with many school-wide opportunities for our EDM students and families to connect.

To show our school spirit, the grade 5 Spirit Day Leadership Committee is organizing two events this month. On Thursday, May 12, students are asked to dress up as a twin, triplet, quadruplet or any multiples they can create with their peers. Thursday, May 19 will be Unique Hair and Hat Day.

As May 30-June 5 is Go By Bike Week, families are encouraged to bike to school as well as help out at our Bike Rodeo Event on Tuesday, May 31. PAC is also planning on reviving our Spring Fun Fair! We look forward to bringing our school community together.

As a school, we will be heading to Miracle Beach on Monday, May 30. Parents are welcome to join us.

A reminder to parents with children entering kindergarten at EDM in the fall, our Welcome to Kindergarten event takes place on Tuesday, May 17 from 1:15-2:15pm. For any children who are 3-4 years old, they are invited to our Ready, Set, Learn event on the same day at 9:15-10am. Please be sure to RSVP.

We are hoping to end the school year with many beautiful, sunny days as we endeavor to take more of our learning outdoors. We will have many opportunities where parents are encouraged to help out. We hope you are able to join us during some of these events!

Warm Regards,  
Nancy Hwang

#### LAST HOT LUNCH SESSION

MUNCH-A-LUNCH ORDERING CLOSING ON MONDAY, MAY 16TH.

<https://munchalunch.com/login/>

LAST SESSION: MAY 26TH -JUNE 23RD.

NO LATE ORDERS OR PAYMENTS ARE ACCEPTED.

**Chez nous à l'école (L'appartenance au cœur de notre communauté)**  
**Our School is Our Home (Belonging is the Heart of Our Community)**

# Welcome to Kindergarten!

TUESDAY, MAY 17TH ~ 1:15-2:15 PM

RSVP by Friday, May 6th

RSVP by calling: (250) 286-0511

or emailing: [edm@sd72.bc.ca](mailto:edm@sd72.bc.ca)

Don't forget to bring completed Kindergarten forms that we sent



## Ready, Set, Learn!

TUESDAY, MAY 17TH ~ 9:15-10:00AM

This event is for children of the ages 3 & 4

Born in 2018 and 2019

RSVP by Wednesday, May 11th

RSVP by calling: (250) 286-0511 or

emailing: [edm@sd72.bc.ca](mailto:edm@sd72.bc.ca)



MAY  
2022

~

PIERCE D.  
LUKE L.  
LINNEA J.  
NAHLA B.  
MAXIM L.  
GABRIELA M.  
NINA J.  
JACK H.  
MONIKA J.  
EMMALYNN J.  
EMMA H.  
KOIIA H.  
TALIA M.  
BECKHAM H.

## COVID Rapid Antigen Tests

The Ministry of Education has provided one box of five COVID Rapid tests for each student.

They are available for pick up through the office.

A signature from a parent/guardian is required.

## ARE YOU MOVING OR CHANGING SCHOOLS?

If you are planning on moving or changing schools for next year, please let us know as soon as possible.

We are already looking at class configurations for the next school year and this information is very helpful.

Merci!

## PARENT VOLUNTEERS

Parent/guardian volunteers are now permitted to accompany classrooms on fieldtrips (at the discretion of the teacher). There are certain documents the office requires prior to being able to volunteer:

- 1) Criminal Record Check ~ This form is required for any person accompanying students on a fieldtrip. Please obtain form at the office . Valid for three years
- 2) Driver Information Form ~ Should teachers have the need for parent drivers, the following information is needed:
  - Driver Info Form (Avail at Office) Valid for one year
  - Photocopy of Driver's License
  - Driver's Abstract (Obtain online: [www.icbc.com](http://www.icbc.com)) Please have it emailed to [edm@sd72.bc.ca](mailto:edm@sd72.bc.ca)

It is always helpful to have these documents in the office in case you need them.

## PAC NEWS

PAC FUNDRAISER ~ Smith & Lee Meat Packages – Watch for details.

FUN FAIR ~ Thursday, May 26th, 5:00-7:30 ~ BBQ, Bouce-A-Rama, Archery Tag, Chicken Bingo, Cake Walk and more! Bling out your favorite clothes with EDM logo silk screening. Sign up for volunteering at: [volunteersignup.org/XD8EF](https://volunteersignup.org/XD8EF)

PAC MEETING ~ Wednesday, May 11th (Via Zoom) & Thursday, June 9th.

## SCHOOL SUPPLIES FOR 2022-23 SCHOOL YEAR

We are asking \$35 per student. Etransfers, cash and/or cheques are accepted. Etransfers can be made to [ecole.deuxmondes@sd72.bc.ca](mailto:ecole.deuxmondes@sd72.bc.ca). Please be sure to indicate your child's/ children's name and the words SCHOOL SUPPLIES 2022-2033. Merci!





## READING BUDDIES



## SALMON RELEASE

Mme Davis/Mme Dallaire's class with M. Nick





BIG BUDDIES ~ MME JENNY/MME HWANG'S  
WITH MME DAVIS/MME DALLAIRE'S CLASS



## EARTH DAY





# MONTHLY MOVEMENT CALENDAR

## FOR MAY

(Georgina Knox, Physical Literacy Coordinator)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10 sec plank 10 heel kicks per leg 10 frog jumps 10 sit ups	3 5 squat jumps 5 scissor jumps 15 sec rest X 4	4 Do a jumping jack for every letter of the alphabet	5 Cardio Blast 1 min each Butt kicks High knees Jumping jacks Skater jumps	6 How many high knees can you do in 2 minutes?	7
8	9 10 jumping jacks 10 squats 10 lunges per leg 10 push-ups	10 Cross Laterals March in place touch opposite knee & Clasp hands and draw large figure 8s 2 x 30 sec	11 Ball Toss Spelling Toss the ball and say a letter, then toss the ball to someone else to say the next letter. How many words can you make?	12 10 x toe touches 10 x right leg hop 10 x left leg hop X 2	13 How many mountain climbers can you do in 2 minutes?	14
15	16 10 sec run on spot 10 high knee run X 3	17 Leg Burners 10 lunges 20 squats 30 high knee jumps X 2	18 10 x star jumps 20 sec run on spot Rest 15 sec X 4	19 Run 2 laps around your school.	20 1 minute Dance Party. Play a favorite song and let the kid's groove.	21
22	23 Victoria Day	24 Stand up and sit down on the chair 20 times Challenge them to try with one leg only!	25 Stretch hands high over head, stand on tip toes. Then touch toes. Take deep breaths. Repeat 3 times	26 Leader calls out: Jumping jacks High knee run Frog jumps 2 x 1 min	27 How many scissor jumps can you do in 2 minutes?	28
29	30 20 high knee run 20 frog jumps 20 jumping jacks 10 burpees	31 Don't let the balloon drop! Keep a balloon in the air using only hands or head - challenge students to glue their feet to the ground.				

# May 2022

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1	2	3  Chess Club Grade 4's 10:30-11:00 Ukelele Club Grade 4's 2:00-2:30	4	5  Chess Club Grade 5's 10:30-11:00 Hot Lunch Quesade Burrito 	6 Recorder Club Grade 5's 02:00-02:30	7
8	9 Ukelele Club Grade 4's 2:00-2:30	10  Chess Club Grade 4's 10:30-11:00 Ukelele Club Grade 4's 2:00-2:30	11 Grade 4/5's Meeting with Phoenix Via Zoom Grade 2/3's Swimming Mme Davis Explorer Lab	12 Chess Club Grade 5's 10:30-11:00 Twin Day Hot Lunch Dairy Queen/McDonalds	13 Recorder Club Grade 5's 02:00-02:30	14
15	16	17  Chess Club/Gr 4's 10:30-11:00 Ukelele Club/Gr 4's 2:00-2:30 Welcome to Kindergarten! Welcome to Kindergarten 1:15-2:15pm Ready Set Learn 9:15-10:00am	18 Grade 2/3's Swimming	19 Chess Club Grade 5's 10:30-11:00 UNIQUE HAIR & HAT DAY (WHOLE SCHOOL) Hot Lunch Sunny Day	20 Recorder Club Grade 5's 02:00-02:30	21
22	23 NO SCHOOL 	24 Chess Club Grade 4's 10:30-11:00 Ukelele Club Grade 4's 2:00-2:30	25 Grade 2/3's Swimming	26 Chess Club Grade 5's 10:30-11:00 Hot Lunch Sushi Jo Spring Fun Fair	27 Recorder Club Grade 5's 02:00-02:30	28
29	30 MIRACLE BEACH (WHOLE SCHOOL)	31 Chess Club Grade 4's 10:30-11:00 Ukelele Club Grade 4's 2:00-2:30 BIKE RODEO				

June

- June 1st ~ Gr 4/5 Play Cahoots with Phoenix via Teams
- June 8th ~ Mme Jenny/Hwang & Mme Joyce at Sportsplex
- June 9th ~ Jump Rope for Heart ~ June 9th Parent Appreciation
- June 14 ~ Intermediate Entrepreneur Fair
- June 15 Grade 4/5 scavenger hunt
- June 16th ~ Grade 5 Farewell
- Gr 4/5 Outdoor Pool 12-1pm
- June 17th ~ Celebration of National Indigenous Peoples Day
- June 20 ~ Grade K's/1's Hagel Park
- June 21 ~ National Indigenous Peoples Day
- June 24 ~ St. Jean Baptiste
- June 24 ~ Grade 5 visit Phoenix Middle School 2-2:30pm
- June 27th ~ Strathcona Park Lodge Day Trip ~ Grade 4/5's
- June 29th ~ Last day of School (Half Day)

# RESOURCES



## A Conversation for Families About Digital Wellness and Mental Health

### WEBSITES:

[Back to School: Gaming & Screen Time Tips for Families](#)

[Building Healthy Screen Habits | Kelty Mental Health](#)

[Common Sense Media](#)

[Keeping Tech in Check: Developing Healthy Habits In Your Family | Kelty Mental Health](#)

[The White Hatter - Internet Chat Lingo](#)

[5 Questions to Ask Before You Get Your Kid a Phone | Common Sense Media](#)

### BOOKS FOR PARENTS AND CAREGIVERS:

"Reset your Child's Brain" by Dr. Victoria Dunckley

["The Tech Solution" by Dr. Shimi Kang](#)

### PODCASTS:

["A Parents' Essential Guide to Thriving Kids in a Digital Age" by Dr. Kristy Goodwin](#)

["Keeping Tech in Check: Developing Healthy Habits In Your Family" by Where You Are featuring Dr. Shimi Kang](#)

["Kids and Digital Wellbeing" by Parenting in the Trenches with Karen Peters featuring Dr. Kristy Goodwin](#)

### MORE FROM FAMILYSMART:

[Collaborative Problem Solving](#) - Video Resource

[Some Ideas for Helping Conversations Go Better.pdf](#)

[What to Say to Kids \(and Teens\) When Nothing Seems to Work](#) - Video Resource

Visit our [Video Library](#) for more great video resources



[www.familysmart.ca](http://www.familysmart.ca)





# School District 72 Campbell River

## REVISED 2021/2022 CALENDAR

JULY						
S	M	T	W	T	F	S

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

AUGUST						
S	M	T	W	T	F	S

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SEPTEMBER						
S	M	T	W	T	F	S

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

OCTOBER						
S	M	T	W	T	F	S

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 1: Pro-d Day  
 September 2: Pro-d Day  
 September 6: Labour Day  
**September 7: School Opens**  
 September 30: Schools Closed - Truth and Reconciliation Day  
 October 11: School Closed - Thanksgiving  
 October 22: Non Instructional - Provincial Pro-d

NOVEMBER						
S	M	T	W	T	F	S

	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

DECEMBER						
S	M	T	W	T	F	S

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 1: Non Instructional  
 November 11: Schools Closed-Remembrance Day

**November 25: Student Led Conference/  
 Parent Teacher Interview Day**  
 Schools are not in regular session  
 Students only in attendance during conference time

JANUARY						
S	M	T	W	T	F	S

						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY						
S	M	T	W	T	F	S

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

December 20- January 3: Winter Break

February 18: Non Instructional  
 February 21: Schools Closed - Family Day

MARCH						
S	M	T	W	T	F	S

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL						
S	M	T	W	T	F	S

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**March 9: Student Led Conference/  
 Parent Teacher Interview Day**  
 Schools are not in regular session  
 Students only in attendance during conference time

March 14 - March 25 - Spring Break

April 15: Good Friday

April 18: Easter Monday

MAY						
S	M	T	W	T	F	S

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE						
S	M	T	W	T	F	S

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 23: Schools Closed - Victoria Day

June 30: Schools Closed - Administration Day

Instructions Non-Instructions Vacation Period Statutory Holiday



Ministry of Education

REVISED: August 2021