



Youth Together

AFTER-SCHOOL GRIEF GROUP FOR AGES 12-16

If you've lost someone special, you're not alone. Join us in a safe, supportive space to heal together. Includes activities, snacks, mindfulness, relationship therapies, and more.

Starts on September 24 and then

Every 2nd Wednesday

3:30-4:30 pm

Registration required:

Coreenna@crhospice.ca or 250-286-1121