CEDAR NEWSLETTER

NOVEMBER 2026

Principal's Message

Dear Cedar Families,

Over the past several weeks we have completed our fall assessments and screenings which provide valuable information to help guide instruction and support student learning. These assessments help us better understand each student's strengths and needs so that we can plan meaningful learning experiences and provided targetted supports.

As part of our School District safety procedures, we have already practiced an On-Alert Drill, Drop-Cover-Hold and a Fire drill with evacuation. Later this month we will practice another fire drill, hold and secure and a lockdown drill. The purpose of the drills are to introduce and practice established routines in the event of an emergency. Teachers discuss the procedures for the drills with their students, and we are aware that it may seem a little scary to some of them. Our aim is to educate and prepare our students without needlessly frightening them. Please chat with your child about the drills and contact us should you need more information about them.

It is great to see families at school attending our Student Learning Conferences today. This is an opportunity to celebrate your child's learning journey, hear about their accomplishments and discuss areas for continued growth. We encourage you to ask questions, recognize what is going well, and work alongside your child and their teacher to set learning goals for the months ahead. These conversations are meaningful, empowering and an important part of supporting student success. If you were not able to attend the conference day, please reach out to your child's teacher.

The next 2 months will be busy, exciting and filled with many opportunities for learning, celebration and connection. And... we are getting our classrooms painted! This will have some extra moving about to different rooms while the painters work. Stop by the office to see the new paint.

We encourage families to keep an eye on communications from both your child's teacher and the school, so you don't miss any important information or events. Working together helps to ensure that our students can fully participate inall the Cedar has to offer. We look forward to sharing these moments with you as we head into the winter season.

Sincerely,
Michelle Nohr



Upcoming Events

November

4 - Last day to order Cedar clothing / Photo re-takes in the afternoon



6 - Fire drill practice

10 - Remembrance Day Assembly



11 - Remembrance Day - school not in session

18 - 7:00 PAC Meeting in the Library

19 - Culture Evening in the gym 4-6pm

December

10 - Culture Evening in the gym 4-6pm

16 - Winter Concert (morning and afternoon performances) Details to be provided shortly

17- First Learning Update to come home

Winter Break December 21- January 3, 2027

REMINDER

- Please have your children dress for the weather with a change of clothes in their backpack. We go outside to play everyday, even when it is raining.
- For safety reasons, students need to dismount their scooters and bikes and walk them once they are on school property
- Please drive SLOWLY and ATTENTIIVELY through the parking lot. It is a busy place and it is now darker in the mornings.
- Please make sure that your child is certain about their after-school plans each day so that worrisome situations do not arise.

BELL SCHEDULE

8:45 - School Begins

10:15 - 10:30 Recess

12 - 12:15 Eating Time

12:15 - 12:30 Recess

2:30 - Dismissal



ABSENCES

Please make every effort to ensure that your child(ren) come to school on time. If your child arrives late, please have them check-in at the office. If your child is going to be away from school or picked up early, we really appreciate you letting us know.

There are 2 ways to let the office know:

- Phone **250-287-8335**
- email **cedar@sd72.bc.ca**

It is important to give the following information:



Student's name
Date of absence(s)
Reason for absence









Cross country meet, fungi at school and some spooky artwork





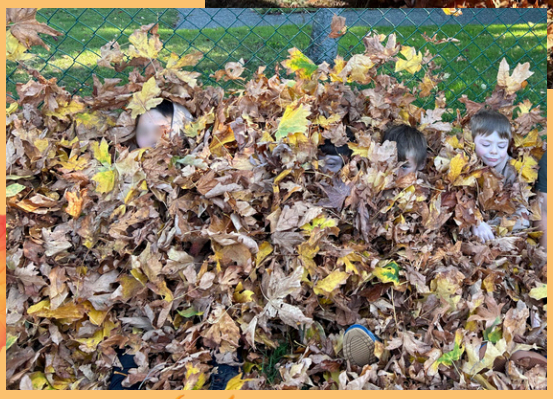














Leaf fun and some fall artwork







Healthy Schools Newsletter

HEAD LICE

Head lice do not make people sick and do not spread disease. Children **can** still go to school if head lice are suspected or confirmed.

How to Prevent Head Lice

Head lice are spread through direct head-to-head contact. They crawl from one person's hair to another person's hair.

- Teach your child to avoid head-to-head contact with other people and not to share hats, combs, hair accessories or brushes
- Regularly check your child's hair for lice, about once a week
- Encourage your child to wear long hair tied back or in a braid

Symptoms of Head Lice

Many people with head lice do not have any symptoms. Symptoms of head lice may include:

- A tickling or crawling feeling on the scalp
- An itchy scalp caused by bites
- Scratch marks or small red bumps like a rash

Treating Head Lice

Head lice will not go away without treatment. Only treat family members with live head lice.

Refer to the Head Lice - HealthLink BC file to learn more about recommended treatment options.

For more information:

- HealthLink BC – Head lice | HealthLink BC

Public Health Units: www.islandhealth.ca/our-locations/health-unit-locationsHealthy Schools: www.islandhealth.ca/healthyschools	Revised September 2026

School District 72

2026/2027 CALENDAR

JULY						
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Instructional Non-Instructional Vacation Period Statutory Holiday

BRITISH COLUMBIA | Ministry of Education and Child Care

LEGEND:

- Instructional
- Non-Instructional
- Vacation Period
- Statutory Holiday
- Student learning conference day
- Administrative day

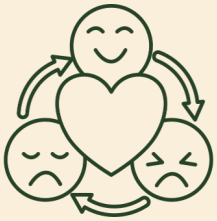
Sept 7 Schools closed - Labour day
Sept 8 Pro-D day
Sept 9 Schools open
Sept 30 Schools closed - National Day for Truth and Reconciliation
Oct 12 Schools closed - Thanksgiving day
Oct 23 Pro-D day
Nov 2 Student learning conference day
Nov 11 Schools closed - Remembrance day
Dec 21-Jan 1 Winter break
Jan 4 Schools open
Feb 15 Schools closed - Family day
Feb 16 Pro-D day
March 15-29 Spring break
Spring student learning conference In place of a spring student learning conference, parents & caregivers will receive learning updates in alignment with Ministry reporting guidelines.
Apr 16 Pro-D day
May 17 Pro-D day
May 24 Schools closed - Victoria day
June 30 Schools closed - Administrative day

CAMPBELL RIVER
FAMILY SERVICES
SOCIETY

Fewer Words, Less Conflict

Discover how small changes in the way we communicate with our children can reduce power struggles and support emotional regulation.

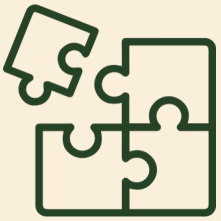
What We'll Cover



Understanding Behaviour & Regulation



Communicating with Less Conflict



Practical Strategies for Everyday Life

Who is This For?

- Parents and caregivers of children of all ages
- Families supporting neurodivergent children
- Anyone interested in supporting children's behaviour and communication

Tuesday November 17th
5:00 PM – 6:30 PM
487 10th Ave - Campbell River

Register Here:
Email: sydnie.nauss@crfs.ca
Phone: 778-346-9324

Presented by:
CR Family Services Society's
Early Childhood Behaviour Program and
CYSN Family Enhancement Program.

Campbell River Hospice Society

SUPPORT • BELONG • HEAL • GROW

Grief support for brighter tomorrows

Kids Together



AFTER-SCHOOL GRIEF GROUP
AGES 6–11

A place to connect, create, and feel understood.

If you've lost someone special, you're not alone. Join us in a safe and supportive space to heal together.

ACTIVITIES | SNACKS | MINDFULNESS | CONNECTION | THERAPIES

October 7 to December 2, 2026

WEDNESDAYS WEEKLY

3:30 – 4:30 PM

Registration required:
corenna@crhospice.ca or
250-286-1121

QUESTIONS ARE WELCOME.
Reach out anytime to learn more.

Together, we can help children find hope, connection and healing.

WHAT IS THE SKATING SCHOOL BUS?

Kids ages7+ can catcha ride on our SRD bus after school to our arena and join our Everyone Welcome & Pond Hockey session.

Cost is $10/day and you can register up until noon of your desired pick-up day.

We pick-up from the following schools:

Mon/Wed: Sandowne, Penfield, Georgia Park, Southgate

Tues/Thurs: Ocean Grove, Willow Point, Phoenix
Friday: Ripple Rock, Cedar, Ecole Des Deux Mondes, Ecole Mer et Montagne







REGISTER TODAY!

Callorvisit our frontdesktoget your child registered.

STRATHCONA GARDENS RECREATION COMPLEX

We're still open during construction!

Phone 250-830-6777
Email info@strathconagardens.com
Website www.strathconagardens.com

Strathcona REGIONAL DISTRICT

Strathcona Gardens

SKATING SCHOOL BUS

Welcome on board!

FREQUENTLY ASKED QUESTIONS



WHAT DOES THE REGISTRATION FEE INCLUDE?

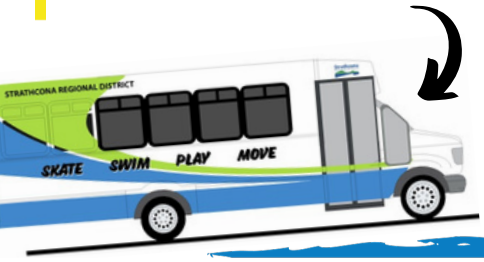
- $10 fee includes a ride to our arenas on an SRD bus driven by one of our professional drivers, drop-in admission, skate rentals, and a helmet.

WHAT IF MY CHILD HAS THEIR OWN EQUIPMENT?

- Participants are welcome to bring their own skating and hockey gear on the bus.
- Alternatively, parents can drop off their child's equipment at our skate shop on the day of pickup.

WHERE DO PARTICIPANTS GET PICKED UP?

- Pickupfromeach schoolwillbethe same location as the SD72 buses.
- We communicate with the schools and provide them a list of students participating in our program.
- Our bus will be very visible with the SRD logo and blue/green colors on it for kids to identify easily.



WHAT IFMY CHILD NEEDS HELP WHILE ATTHE ARENA?

- Our bus driver and skate shop staff will be on hand to provide general supervision and assistance with anyone who needs help with their skates or equipment.
- Our reception desk also has a public phone for kids to use if needed.

WHEN DO KIDS NEED TO BE PICKED UP FROM THE ARENA?

- Parents must sign-out kids with our staff member in Dressing Room E (beside the skate shop on the Leisure Ice) before the arena closes at 5pm.

How to Register

Online registration is currently unavailable, so give our front desk a call at 250-830-6777 and press 0.

You can also register in-person by visiting our reception desk in the front lobby of Strathcona Gardens at 225 S Dogwood Street.

Need to make plans last minute? You can register until noon of the pick-up day!







