

CEDAR NEWSLETTER

DECEMBER 2025

Principal's Message

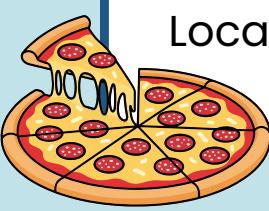
December is the most festive time of the year, and with celebrations on the horizon, the excitement is building. With that in mind, please note the Upcoming Events in this newsletter. There are many great things planned, including our concert on December 18th. Students and teachers have all been working hard on their performances and we are looking forward to sharing this with you soon! Our wonderful PAC is doing a pizza fundraiser on the evening of our concert, please see more details on the next page of this newsletter.

As we near the end of the calendar year, it is a great time to look back and reflect on all the learning and activities that have been happening at our school over the past few months. In November: Science World Visit – Students were inspired by a hands-on experiments and an interactive presentation that sparked curiosity and creativity. Field Trips – Many classes ventured out into the community, connecting classroom learning with real-world experiences, physical activity and nature. Guests into the building – have shared language learning and scientific learning with a fish dissection. Remembrance Day Assembly – Our school came together with Ecole des Deux Mondes to honor and remember those who served, with thoughtful presentations and student-led reflections. Volleyball team – coached by Mrs. Hatfield and Mr. Howells has been practicing each Tuesday at lunch and have already played a few games. It's great to see our schools come together and have some athletic fun. Leadership Opportunities – Many of our intermediate students have stepped up to take on leadership roles, showing initiative and responsibility in supporting school events. They are currently working on our Cedar Swag fundraise.

On behalf of our staff, I would like to take this opportunity to wish all of our students, families, extended families and our school community a relaxing holiday season and best wishes for the New Year.

PAC Fundraiser

SAVE THE DATE...Thursday, December 18th
Our PAC is doing a Pizza Night with Panago Pizza! When you order from the North Campbell River Panago Pizza on December 18th, you'll receive 15% off any regular priced menu items using the promo code SCHOOL15. Panago will then donate 15% of the net orders back to our school! Order online at panago.com, call 310-0001 to place your order over the phone. Order in person at the North Campbell River Panago Pizza Location 223C Dogwood Street.



Upcoming Events

Friday, Dec. 12 - Student & Staff

Turkey Luncheon - please send your child with a plate, fork and a bag for their used utensils

Monday, Dec. 15th

Christmas Sock Day



Tuesday, Dec. 16th

Red & Green Day



Wednesday, Dec. 17th

Christmas Hat / Hair Day



Thursday, Dec. 18th

Christmas Sweater or Dress up day / Concert times are 10:30am & 1:00pm / Learning Updates go home today or tomorrow.



Friday, Dec. 19th

Christmas PJ Day



Dec. 20-Jan. 4 -Winter Break

School Closed until January 5th

PAC Bakesale



The holiday season is upon us, and we're excited to announce our annual Cedar PAC Bake Sale during the Holiday Concert on Thursday, December 18th!

We are seeking donations of baked goods to make this event a sweet success. If you'd like to contribute, please drop off your baked goods at the school office by the morning of December 18th. To ensure everything gets back to the right home, please label your container with your name & the student we can send it home with.

Your delicious donations will help support our ongoing PAC initiatives. Thank you for your generosity, your support and the delicious treats!



Weather Closures

While the school district will try to keep schools open on every regular instructional day, there will be occasions when schools must temporarily close due to extreme weather or emergency reasons. Any decision to close schools is made by the Superintendent in consideration for the safety of students and staff. As winter approaches, the likelihood of a closure increases. Please take a moment to refer to full information on the district's website detailing steps taken in the event of extreme weather overnight or during school hours. Even when schools are open, we understand if you feel it's safer to keep your child home or pick them up early. Just let us know by reporting the absence through our attendance line.

Absences

We appreciate all the parents who are reporting absences in the morning.

Thank you!

There are two ways to report an absence:

- 1) Phone 250-287-8335
- 2) E-mail-cedar@sd72.bc.ca

It is important to give the following information:
Student's Name / Date of absence / Reason for absence

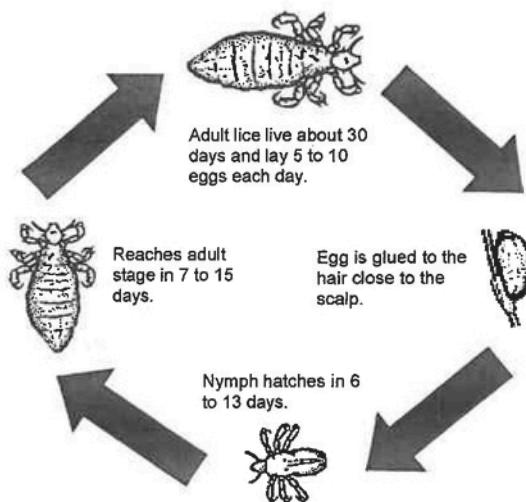




Headlice

HOW TO GET RID OF HEAD LICE WET COMBING

LIFECYCLE OF THE HEAD LOUSE



HEAD LICE FACTS

- ◆ Lice are tiny insects about the size of a sesame seed.
- ◆ Anyone with hair can get head lice.
- ◆ Lice do not have wings and cannot fly or jump.
- ◆ Lice move quickly in dry hair and this makes them hard to see.

Lice do not live long once they are off the head. They only lay eggs close to the scalp.

- ◆ Having head lice does not always make the scalp itchy.
- ◆ Lice commonly move to other heads when heads touch and rarely by sharing hairbrushes and combs.

- ◆ Lice are common where children play or work closely together.
- ◆ Once a lice egg has hatched, the empty eggshell stays stuck to the hair.
- ◆ If you find an eggshell more than half an inch away from the scalp, it is most likely empty.
- ◆ The eggshells are white and look like dandruff but cannot be brushed or blown away.

WHEN TO CHECK

- ◆ Regularly ONCE A WEEK after shampooing
- ◆ If your child's playmates have head lice
- ◆ When a family member has head lice
- ◆ When a person is scratching his or her head more than usual

WHAT YOU NEED

- ◆ Shampoo and white-coloured conditioner (low-priced is fine)
- ◆ Wide-tooth comb to untangle hair
- ◆ Towels and paper towels
- ◆ Lice comb - we recommend a narrow comb with fine teeth and slanted tips, such as a "Bug Busting" comb, that makes it easier to remove lice.
- ◆ Lice combs are available at many Public Health Units and pharmacies.

HOW TO CHECK FOR LICE



1. Wash and rinse hair.
2. Put enough conditioner on the hair to cover the whole scalp (usually about 2 handfuls).
3. Use a wide-toothed comb to get tangles out.
4. Begin combing the head carefully with the lice comb. While you are combing over the head, **keep the teeth of the comb touching the scalp at all times.**
5. Checking can be done with the head forward over the sink, combing from the back of the head to the front, or from a sitting position going from the front of the head to the back.
6. Pull the comb through the hair in one stroke. If the comb tugs, add more conditioner.
7. After each stroke, wipe the comb on a paper towel and look for lice.
8. Make sure to comb the entire head, checking for lice after each stroke.

If you find any lice, move onto the treatment process.

IF YOU FIND LICE

- ◆ Hats, pillowcases, combs and hairbrushes that have had contact with the head in the previous 2 days could be considered for cleaning in hot soapy water.
- ◆ Clean the supplies that you used for checking for lice in hot soapy water.
- ◆ You **DO NOT** need to spend time cleaning the house.

Use this chart to keep track of the days (shaded areas) that you need to comb and condition.

2	3	4	5	6	7	8	9	10	11	12	13	14
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TREATMENT (IF YOU FIND LICE)

1. With the conditioner still on, pull the comb through the hair in one stroke from the front to the back of the head. Keep the teeth in contact with the scalp for the entire stroke.
2. After each stroke, rinse the comb in warm water. Check the comb for lice before you pull it through the hair again to make sure you do not put lice back onto the head.
3. Keep combing over the entire head until you find no more lice.
4. Rinse the hair to remove conditioner. Leave the hair wet.
5. Untangle the hair with a wide-tooth comb to take out the knots.
6. Comb the whole head again with a lice comb, rinsing the comb after each stroke to make sure there are no more lice.
7. Keep repeating the steps **every 4 days** for a full two weeks to make sure that new lice are removed as the eggs hatch.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
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8. If lice are found on the fourth combing, add one more combing in 4 days.

For more information, contact your local Health Unit:

[www.islandhealth.ca/our-locations/
health-unit-locations](http://www.islandhealth.ca/our-locations/health-unit-locations)