



# Announcements

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*Wednesday, January 7, 2026*

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## Volunteers Needed

We are looking for volunteers to help score keep at our wrestling tournament that we are hosting on Saturday, January 17th. Please see Mr. Rose in room B243 if you are interested in helping out.

January 16<sup>th</sup> school will not be in session as all school district staff will be participating in Indigenous focused learning.

**Attention Grade 11 and 12 students.** The Public Health will be in the Wolf Room 9-11 am every Tuesday this month to do immunizations/HPV vaccines other than January 27<sup>th</sup> they will be in the counselling conference room. If you are unsure if you are up to date with your vaccinations, pop into the Wolf Room next Tuesday.

QSA/SOGI meetings will now be held during lunch break on TUESDAYS in Ms. Logue's art room (F123). We will be making custom button/pins for the month of January. Come get crafty and say hello!

The deadline to join the trip to London, England this May is approaching. Please message Ms. MacFarlane if you want information on how to pay your deposit before January 15<sup>th</sup> to secure your spot.

**Save this date!!!! January 16<sup>th</sup> at 6:30pm** for a fun evening of hockey as Timberline's Grads take on the Carihi Grads raising funds for Children's Hospital.

Timberline staff and students are encouraged to wear blue. Our goal is to raise \$5000.00 to help children and families at Children's Hospital.

More information and donations at Tline\_Hockey on Facebook and Instagram. All donations are greatly appreciated. Way to go Wolves.

FLEX WEEK B/D

**Bus Supervision:**

McIntyre  
Etheridge

January 5 - January 16

### **Lunch Supervision:**

<b>Wednesday</b>	Larose	B wing walkabout	B Wing by vending machines
	Camerin + Bright	Upstairs, Cafeteria	B Wing closest to Cafeteria
	Anderson	Outdoor main entrance way	F Wing
	Calder	Lower parking lot & G Wing	Change Rooms
	McCormick	Learning Commons/Courtyard	F wing
	Hrysio	Gym	Change Rooms
	McNamara	SFL	

# TIMBERLINE vs. CARIHI

## CHARITY HOCKEY GAME



**JANUARY 16TH**  
**ROD BRIND'AMOUR ARENA**

**SUPPORTING BC**  
**CHILDREN'S HOSPITAL FOUNDATION**

**TIMBERLINE STUDENTS WEAR BLUE!**

**Class of 2026**

*Grad Photos*

**Are Ready!**

Check your inbox for your link or email  
[info@islandlifephotographics.ca](mailto:info@islandlifephotographics.ca) and provide your  
grad's full name.

FYI: Your online code is your pupil number, not PEN  
number. You can find it on your student ID card.

ISLANDLIFE  
PHOTO





**Ages 13-18**

## Learn to Cope with Stress

\*No cost to participate!

### Y Mind

Everyone experiences worries and stress. Y Mind is here to help young people learn how to cope with stress so they can live their best lives.

**Y Mind is a 7-week program for teens who are experiencing symptoms of mild-to-moderate anxiety. Participants learn and practice strategies to help manage anxiety, helping them feel calmer and more in control.**

**Y Mind gives teens the chance to connect with other teens who get it.**

**Dates: Thursdays @ 3:30-5:00 PM. January/February 2026.**

This FREE program is run by caring, trained staff,  
in a safe supportive environment.

Tami Flecker  
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