

# SAYWARD SCHOOL NEWS

September 2024

## REMINDERS

- All students require a spare change of clothing to have in their cubby in case of emergency
- please send inside, non marking soled shoes
- **ALL** after school changes **MUST** be communicated with the office by **no later than 1pm** day of change
- Personal devices should be left at home.
- School supplies are \$25/student this year. cash or e-transfer accepted sayward@sd72.bc.ca

## SCHOOL

### COMMUNICATIONS:



In an effort to reduce paper waste, this year we will be posting our monthly newsletter to our school website, Facebook page and PAC group on Facebook. Paper copies will **ONLY** be available upon request.

## THIS MONTH

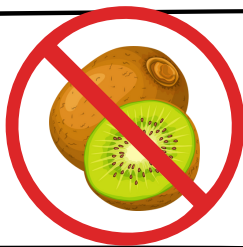
Our 'Welcome Back' Pancake breakfast was a hit this morning! Thank you to everyone who was able to join us, and to those who brought something to add to it.

What a great time.

Thursday the 19th we will be doing our Terry Fox run! Comfortable running clothing is encouraged!

Monday the 23rd the Tour de Rock Riders will be arriving for our annual Tour De Rock community Potluck! 5pm

Tuesday the 24th 9am will be the Tour De Pond ride, bicycles and helmets required!



### Food Allergies at School:

Sayward School is a NO KIWI zone!

Please **DO NOT** send kiwi in your child's lunch as our admin is **VERY** allergic. This is an airborne allergy that affects her airway even from down the hallway. Thank you for understanding.

## Hot Lunches!

Thanks to our dedicated PAC, our school is able to offer Hot Lunches Free for all! Hot lunch days are Thursday each week. Menu details will be shared as promptly as possible in our digital monthly newsletter, with short notice menu changes being shared to our Sayward School PAC Facebook group.

### 7 Tips to ease back into School Routine

- 1~Dedicate a place for school necessities
- 2~Establish a sleep schedule
- 3~Create a morning routine
- 4~Make meals together a priority
- 5~Have kids make their own lunch
- 6~Get familiar with new surroundings
- 7~Make playdates or sign up for an extracurricular activity

## Safety Corner

It's a great time to refresh your wildlife awareness talk with your kids! Bear sightings have been frequent in the village as they search for food to prepare for Winter.

### **PAC meeting schedule 2024-2025**

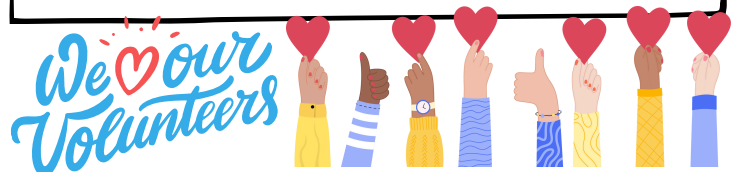
September- 19th 245pm Thursday  
October - 7th 245pm Monday  
November 14th 245pm Thursday  
December 2nd 245pm Monday  
January 13th 245pm Monday  
February 13th 245pm Thursday  
March 10th 245pm Monday  
April 7th 245pm Monday  
May 8th 4pm Thursday  
June 9th AGM 5pm

Download our parent portal app or check it out on your desktop for electronic notifications from the school and district!

[parentportal.sd72.bc.ca](https://parentportal.sd72.bc.ca)

### Volunteers Wanted!!!

If you are able to come and help us set up, take down, cook, lend a hand on field trips, hot lunches, etc please let us know in the school office. We host and go on several activities through the school year, many hands help make work lighter. We are currently in need of back up Hot Lunch cooks. FoodSafe Certification is required. PAC can cover cost of FoodSafe Certification AFTER volunteer has helped cook at least 4 hot lunches.





## Principal's Corner



Dear Parents and Caregivers,

I hope this message finds you well and that your family had a restful and enjoyable summer. As we embark on a new school year, I would like to extend a warm welcome to both our returning families and those joining our school community for the first time. We are excited to partner with you in ensuring your child's success and well-being throughout the year.

At Sayward Elementary we are committed to creating an inclusive, supportive, and enriching learning environment where every student can thrive. This year, we will continue our focus on academic excellence, personal growth, and fostering a sense of belonging through our philosophy based on the Circle of Courage®. Our dedicated staff is here to support not only your child's academic journey but also their social and emotional development.

Communication is key to our success, and we encourage you to stay connected with us through regular updates, school events, and parent-teacher collaboration. We are active on social media sites such as Facebook. Please join the group to stay up to date! Your involvement plays an essential role in your child's education, and we look forward to working closely with you to ensure a positive school experience for everyone.

Please don't hesitate to reach out if you have any questions or concerns as we move forward into the year together. Let's make this school year a memorable and successful one!

Thank you for your continued support.

Warm regards,  
Christine Middleton