# SAYWARD SCHOOL NEWS

April 2025

## Highlights

The students, along with the help of Scott Burchett and Sayward Fish and Game Club, have officially released all 185 Chinook Salmon fry into New Castle Creek. We are all so proud of our students, staff and Scott who took such amazing care of the salmon eggs as they developed well enough to be released. This year was a huge success with only 2 fry that didn't make it! That far out beats the average 80-84% survival rate!

The grade 4/5 class will be going on a hike this Tuesday to Port of H'Kusam to view the old village and explore.

PAC is having an Easter bake sale on Thursday the 17th! Come and see what festive treats they have to incorporate with Easter festivities. Donations of baked goods

happily accepted until the morning of. Thank you!



## Reminders

Please have all Plant fundraiser forms in by Tuesday April 29th!

Volunteer sign up is available at your leisure! Miss Catherine has the forms and open volunteer slots in the office. 250-282-3314

## **Upcoming Events**

- Grade 4/5 Hlke~ Apr 8
- Bake Sale ~ Apr 17
- No School: Apr 18+21 Easter
- Grade 5 to Phoenix~ Apr 29

## Hot Lunch Menu

3rd~ Lasagna, salad and garlic toast 10th~ Chicken Alfredo with pasta and steamed broccoli 17th~ Ham, mashed potatoes, veggies,yorkshire puddings and strawberry shortcake! 24th~ 'build your own' Nachos!

#### FOOD ALLERGIES AT SCHOOL:

#### Sayward School is a NO KIWI zone!

Please DO NOT send kiwi in your child's lunch as our admin is VERY allergic. This is an airborne allergy that affects her airway even from down the hallway. Thank you for understanding.

#### Are You a Parent, Adoptive Parent, Kinship Parent, or Foster Parent?

Is your pre-teen or teen struggling with depression, anxiety, or other intense emotional difficulties? Are they getting into trouble or having severe behavioural difficulties?





is an evidence-based 10-week attachment-based program that helps parents support youth ages 8-18 years, delivered in-person or online.

#### www.connectattachmentprograms.org

## **Contact us** or **visit our website** if you're interested in learning more.

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Tami Riecker @ 778-346-9333 Shannon McKirgen @ 250-286-0611 ext 10

tami.riecker@crfs.ca shannon.mckirgen@jhsni.bc.ca

## Hot Lunches!!!

## Seeking enthusiastic volunteers to help make hot lunches!

#### April Hot Lunches we need help with:

- April 10: Chicken Alfredo with Pasta and Steamed Broccoli
- April 24: Build Your Own Nachos

#### Volunteer Requirements:

- Volunteers must fill out the volunteer forms.
- At least one of the two cooks must have a valid Food Safe certificate.
- Cooks are expected to prep, cook, plate, and clean up each time.

Volunteering for the hot lunch program is a rewarding experience that allows you to directly contribute to the well-being of our students. Whether you have culinary skills or simply a passion for helping out, your participation is greatly appreciated.

If you are interested in volunteering, please contact the school office.

Thank you for your support and dedication to our school community.

PAC is able to reimburse Food Safe certification for volunteers who cook three or more times in a school year.

## PAC meetings

April 7th 245pm May 8th 4pm June 9th AGM 5pm- The one where we vote our new PAC in! Everyone encouraged to attend!

## Happy Almost Gardening Season!

We are excited to announce our annual plant fundraiser, running until April 29th! This is a fantastic opportunity for families to purchase beautiful plants while supporting our school. All orders will be delivered in bulk to the school on May 14th.

Proceeds from the fundraiser will help cover the costs of essential programs, equipment, learning resources, and extracurricular activities. By participating, you are helping to remove the financial burden from families and ensuring our students have access to the best educational experiences.

Don't miss out on this chance to beautify your home and garden while making a positive impact on our school community. Place your orders today and spread the word to friends and family!

Thank you for your support! 🔭 !

Sayward PAC

## https://saywardschool.growingsmilesfundraising.com/home



#### 10-pack 4" Assorted Herbs

Elevate your dishes with a flavorful assortment of our finest herbs! Varieties may include: Basil (Sweet & Thal), Thyme, Chives (Onion & Garlic), Mint (Mojito & Poppermint), Oregano, Parsley, & Rosemary: Please Note: Duplicates/substitutions may occur.



#### 12" Outdoor Patio Planter

See what's new! Our upgraded Outdoor Patio Planters feature a blend of our top-performing plant collections, all set to thrive in full sun. They're your ticket to springtime paradise right in your very own backyard. Please Note: Colors/mixes cannot be selected.



#### 10-pack 4" Assorted Veggies

Savor the goodness of homegrown veggles right at your very own fingertips: Varieties may include: Tomatoes (x4), Cucumber, Zucchini, Peppers (x2), Kale, & Romaine, Please Note: Duplicates/substitutions may occur.



#### 11" Strawberry Hanging Basket

A treat for kids & strawberry lovers aliker Elevate snack time with homegrown strawberries all growing season long. With charming blossoms in white or pink, these everbearing varieties are as beautiful as they are delicioust Please Note: The strawberries are often not fully mature at time of shipping.



#### 10-pack 4" Wave Petunias -Pink

Paint your own outdoor canvas! Our pink cascading Wave petunias will set the tone and elevate your garden, planter boxes, and hanging baskets. Don't miss out!

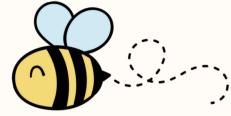


### 10-pack 4" Marigolds - Orange

Experience a season-long visual treat: These orange marigolds promise more than just a pop of color - they also compliment various veggies. It doesn't get much better than the perfect balance of color & companionship!

### Principal's Message - April 2025

Dear Sayward Elementary Families,



Welcome back from spring break! We hope you had a restful and rejuvenating time with your loved ones. As we dive into April, it's clear this is one of the busiest and most exciting times of the school year.

Report cards will be going home this week. Please take the time to review your child's progress and celebrate their accomplishments. If you have any questions, our teachers are always here to provide support and answer any concerns.

April to June is brimming with activities to keep our students engaged and inspired. This includes field trips to enrich learning experiences outside the classroom, school-wide events that bring our community together, and a host of special activities planned by our wonderful teachers and staff.

As the weather warms up, students will also be spending more time outdoors. Whether it's recess, physical education, or special outdoor lessons, we value giving students the chance to enjoy the fresh air and sunshine. Please ensure your child is prepared for the warmer weather, which may mean hats and sunscreen.

We are thrilled to see our school buzzing with energy and enthusiasm, and we thank you for your continued support in making our school such a wonderful place to learn and grow.

Warm regards,

Christine Middleton Principal, Sayward Elementary School

