

Andrea Ritchie Principal

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School Hours

8:30-2:15 RECESS 10:30-10:45 LUNCH 11:45-12:15 DISMISSAL 2:15

Ripple Rock Elementary School 2001 Cheviot Road Campbell River, BC V9H 1R4

Tel:(250)850-2035

Ripple Rock Elementary

October 2024

After a lovely start to the year, fall is in the air again. Our days are filled with exciting learning opportunities, both in school and in the surrounding community. We were able to have our first whole school event, when we participated in the Terry Fox Run and then welcomed the Tour de Rock team on our field. Once again, Ripple Rock can be proud of its fundraising efforts for both organizations.

During the week of September 23—27th, Ripple Rock focused its learning around Orange Shirt day. As part of the Truth and Reconciliation's Calls to Action, we will continue to honour this commitment throughout the coming days and year.

We are continuing to have a monthly focus around Social and Emotional learning. This month we are talking about social responsibility and what it looks like in various areas around the school. At our assembly, we kicked off our Ripple Rockstars recognition once again, and set our first goal at 1000 recognition tickets to earn a school-wide movie day. Ask your child how they can earn a Ripple Rockstar coupon and please celebrate when they come home with one!

We are enjoying seeing so many familiar faces around the school! We look forward to continuing to connect with families over the coming school year.

How to keep up with school events:

<u>Ripple Rock School Website</u> - Items posted here are also automatically updated on the <u>Ripple Rock Facebook</u> site.

<u>SD72 Parent Portal App</u> - How to install instructions at this link. The app will work on a website, IOS and Android devices. Search for CRSD72 Parent App in the App Store or Google Play

Many teachers also send a weekly update using email too.

Please get in the habit of checking with website/Facebook as we will work to keep that information the most current. Newsletters are once a month and give an overview but often not the details.



October 2024

MON	TUE 1	WED	THU 4	FRI	SAT
	1	-	4	4	5
		Hot lunch Panago		Dobler/Hogan/ Gardiner: CR Spit BC Hydro Center: Mellstrom/ Douglas	5
7 School Bus Safety visit Kindergarten Hearing Screen	8 Holly Hill Farm: Cook/Wiese	9 Hot Lunch Sushi/ Crazy Bread Hatchery: Scott/Reinholt Cultural Event: Leading Ladies	10	11 Dobler/Hogan/ Gardiner: Ken Ford Park	12
14	15	16 Hot Lunch Subway Quinsam Hatchery: Weiman/Bello	17 Great Shakeout Drill Quinsam Hatchery: Lane/Douglas	18 Dobler/Hogan/ Gardiner: Oyster River Nature Park	19
21 PAC meeting 6:30 pm in the library	22 Grade 3 Fire Safety House Visit DEAR Cross Country Meet	23 Hot lunch: Boston Pizza	24	25 PRO D DAY NO SCHOOL	26
28	29	30 Hot lunch: DQ Scholastic Book	31 Halloween	Nov. 1 Student Learning Conferences. Students at school during conference	
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Families are invited to join their students at school to drop everything and read on Tuesday, October 22

Time: 8:25-8:50

Where: Your child's classroom or in a cozy spot around the school

<u>Please join us to enjoy the marvel-</u> <u>lous world of reading!</u>

Fall Weather is Here!

We go outside to play most days. Please help your child to remember clothing that allows them to be comfortable in our wet, west coast weather.





Please write your child's name in sweatshirts, jackets, hats, and on water bottles. We will work to reunite your children with their lost clothing. It is so much easier when there is a name inside!



The RETAKE FORM helps us to identify your child. If you lost your form, simply write your child's name, teacher & grade on a piece of paper and bring it to the photographer on Retake Day. Thank you!

HOT LUNCH & CLOTHING ORDERS

Weekly hot lunch ordering and Ripple Rock clothing orders can be accessed through the Munchalunch website. It is easy to create an account that you can reactivate every year while your children are at Ripple Rock.



HAPPY BIRTHPAY

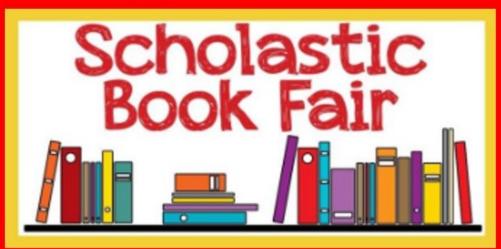
Many birthday wishes to the following students are having a birthday in October!

Ayla C

Ava G Dallas M Sophia S Maven R Nolan M Ruby H Dane A Jaxon J Johnny C Eliana W-J Jack P Julia E Taylen V-T Emmitt T Collins D-T Jacob L

Noah B Ravi H Olivia E George B Isla B Ember A Savian Z Evan L Bjorn B Stryker C Larayne W Carver C Leo M Connor J Eva G





Tuesday—Thursday October 29— 31 (regular school day) Friday, November 1 during Student Learning Converences.

Ripple Rock PAC Updates

There was a good turn out for the September PAC meeting. It was wonderful to see new faces.!

This year's PAC executive:

President: Kelsey Willaert Vice President: Amanda Zahara Treasurer: Breanne Beckthold Secretary: Liani Ruhl Members at Large: Korri Miller, Lizz White

Meetings: Third Monday of each month at 6:30 pm Ripple Rock Library Learning Commons.

Next meeting: Oct. 21 at 6:30

Please follow their Facebook page for PAC news: Ripple Rock PAC Info 2024/2025

Messages During the Day

With a school of over 300 students, the Ripple Rock office is an incredibly busy place. We are happy to get messages to your child during the day if plans have suddenly changed for the end of the day. We are hopeful that most of the time students/staff members know where children are going at the end of the day prior to their arrival in the morning.

If someone calls you from the school during the day and you see our number has called, if it is important, they will leave a message or call you back. We won't be able to track down where the call came from.

Halloween at Ripple Rock

Students are invited to wear a scaled-down version of their costume to school on Oct. 31. Individual classes will let you know what is going on in their room. Students need to be able to learn/sit comfortably during the day. Items that represent weapons, or items that could be frightening to some younger students should be saved for afterschool.

Save the Date...

November 1: Student Learning Conferences (students attend during conference Time only. Sign up coming soon)

December 3: Ripple Rock Winter Concert



Currently, pertussis is increasing in Canada as part of the expected cyclical peak of the disease (occurring every 2-5 years). Pertussis, or whooping cough, is a very contagious (easy to catch) disease of the respiratory tract. It is caused by a bacterium (germ) found in the mouth, nose and throat of a person who is infected. In Aug 2024, BC saw 72 cases of pertussis, 16 of which were on Vancouver Island and the majority of the 16 cases were unimmunized or under immunized. Cases of pertussis are expected to increase this fall/school year.

The best way to protect your child against pertussis is to get them immunized. In British Columbia, the pertussis vaccine is part of the routine childhood immunization program, and is given at 2 months, 4 months, 6 months, and 18 months old, and again at age 4 to 6 years (before kindergarten). A pertussis vaccine is also given to teens at 14 to 16 years of age (Grade 9). Children who are currently in Grade 6 or 9 will be offered all immunizations they are due for through school-based immunization clinics. Information and consent forms will be distributed through the school this fall or early 2025.

The ImmunizeBC Vaccination Status Indicator (https://immunizebc.ca/vaccination-status-indicator) can also be used to find out if your child's immunization records are in the Provincial Immunization Registry. If your child was immunized at a public health unit, community health centre, school, or pharmacy, their record should already be in the registry. If your child was immunized at a First Nations community health centre, doctor's office, or outside BC, their record might not be in the registry yet.

- If the Vaccination Status Indicator shows that your child's vaccination status is complete, you
 do not need to do anything.
- If the Vaccination Status Indicator shows that your child's vaccination status is incomplete, please drop off a copy of your child's immunization record at your local public health unit, upload a copy to <u>https://www.immunizationrecord.gov.bc.ca./</u> (records must be in English or French or a certified translation), or call your local public health unit for support.

If your child is not up to date for their routine immunizations or if you have questions about their immunization status, please contact your <u>local public health unit</u> (<u>https://www.islandhealth.ca/our-locations/health-unit-locations</u>) to schedule an appointment or

speak to a Public Health Nurse.

For additional immunization information you can also refer to <u>https://immunizebc.ca/</u> or <u>https://www.islandhealth.ca/learn-about-health/immunizations</u>



The Canadian Dental Care Plan Accessible, Affordable, Essential,

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Canada.ca/dental 1-833-537-4342 TTY: 1-833-677-6262



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Canada.ca/dentaire 1-833-537-4342 ATS : 1-833-677-6262



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Campbell River Family Services Society is pleased to present:

Changes

It is never easy to deal with Changes in life, especially when you are a kid!

This group focuses on teaching kids skills to:

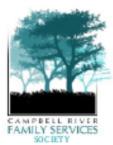
- Coping with a loss, the separation or divorce of their parents, Change of school, a move, or other significant life change
- Communicate their feelings around the changes happening in their lives
- Engage in activities that help them manage their big emotions

Ages:	8-10 years old
Dates:	October 29th – November 26th
Times:	3:15pm-4:30pm
Where:	Campbell River Family Services Society
	487 – 10th Avenue, Campbell River

This program is free, but you must pre-register by contacting:

Nici @ 778-346-9330 nici.forsyth@crfs.ca or

Meagan @ 778-346-9329 meagan.manZulenko@Crfs.Ca





AFTER-SCHOOL GRIEF GROUP AGES 6-11

If you've lost someone special, you're not alone. Join us in a safe, supportive space to heal together.

> Group Support Mindfulness Wellness Activities Relaxation Therapies Strategies for Healthy Grieving Snacks

Every 2nd Wednesday 3:30-4:30 pm Starting October 9, 2024 Register with Corenna Clinical Counsellor corenna@crhospice.ca 250-286-1121





Fall Schedule



Whether you are a first time volleyball player or an experienced athlete, join **Team Canada Alumni**, Coach Julie Young, at the Robron Centre gym and learn a new skill!

Smashball is a dynamic and innovative program designed for athletes in grades 3-5, which teaches the FUNdamentals of volleyball.

Play & Train is designed to get athletes ready for the upcoming club volleyball season. Led by elite coaches, our sessions will focus on building a strong technical foundation, enhancing volleyball IQ, and creating a supportive, yet competitive environment for maximum growth.

SMASHBALL

Where: Robron Gym When: Thursdays Oct 24th-Nov 28th Ages: Grades 3-5 Co-ed Cost: \$150 Register at: https://crushvb.co/smashball-registration/ PLAY & TRAIN Where: Robron Gym When: Thursdays 5:45-7:15 Oct 24th-N ov 28th Ages: Grades 6-7 Co-ed Cost: \$150 Register at: https://crus.hvb.co./play-train-registration/ PLAY & TRAIN Where: Robron Gym When: Tuesdays 7:15-8:45 Oct 24th-Nov 28th Ages: Grades 8-10 Co-ed Cost: \$150 Register at: https://crus.hvb.co/play-train-registration/

(Registration must be completed on a computer)

#21 - 1547 DINGWALL RD COURTENAY, BC, V9N3S8 WWW.CVAHS.COM RENTBANK@CVAHS.COM

The North Island Rent Bank is a service that provides financial assistance to qualifying community members who are struggling to pay their rent and are at risk of losing their housing. Individuals and families who are experiencing housing instability due to a temporary financial setback, can apply for an interest-free loan to pay rent, essential utilities, or a deposit to help secure new housing. Rent banks can also help facilitate access to supports such as financial literacy, debt/credit counselling, landlord-tenant mediation, vocational supports, legal advocacy, and other services that contribute to financial and housing stability.

NORTH ISLAND

RENT BANK

OPERATED BY: THE COMOX VALLEY AFFORDABLE HOUSING SOCIETY

If you or someone you know is facing temporary housing instability please do not hesitate to reach out!

The North Island Rent Bank would not be possible without the help of the amazing local businesses and organizations supporting this program!

This is a loan program. Applicants will need to demonstrate they have the financial ability to pay regular monthly expenses and the monthly loan repayment. It explicants will be required to submit bank statements, proof of tenancy, and ID as part of the application process (ind, but not limited to). While loans are interest-free, a small administration lee will apply each month, this is not meant to be a barrier in accessing services. If you have questions or concerns, please contact as at 1 (250) 705-1876 or by email at rentbank/#cvats.com

> Please keep in mind that rent bank services are available province-wide. For residents outside of our service area - information can be found at <u>www.bcrentbank.ca</u>

What is a rent bank?

A rent bank is a service that provides financial assistance to individuals and families who are struggling to pay their rent and are at risk of losing their housing. Rent banks are a homelessness prevention and housing stability resource - they aim to help people who are otherwise financially stable when they experience a temporary setback. Rent banks typically support clients by providing interest-free loans, but they can also help facilitate access to supports such as financial literacy, debt/credit courselling, landlord-tenant mediation, vocational supports, legal advocacy, and other services that contribute to financial and housing stability. Our primary goal is to keep people in their homes, and give them a "hand up" wherever possible.

Who do rent banks help?

Low-to-moderate income renters who are temporarily unable to pay rent or essential utilities can apply for an interest-free loan to help stabilize their housing situation. For example, if a renter has to take time off work due to illness and can't afford to pay their rent that month, they may qualify for a rent bank loan. Another example could be if a renter has unexpected repairs on their vehicle, making them short on funds to pay their Hydro bill, they may qualify for a rent bank loan. Loans can also be granted to help renters secure new housing if they do not have the money for their security and/or pet deposit. Please note loan maximum is \$3000.00.

How does the process work?

If a renter is looking for support from the rent bank, the first step is to submit a pre-assessment. From there, they will be contacted by a case manager who will help guide them through the next steps. The case manager will ask for any necessary documentation, and after evaluating the whole picture, they will send the application anonymously to the approval committee. The committee will either approve or deny the application based on the information presented to them, and the case manager will inform the client of the result. Then, the case manager will work with the client in finalizing the loan, or try to help find an alternative solution. Please note that loan approval is not a guarantee, and the process takes approx. 3-5 business days.

What happens if I am approved for a loan?

When a client is approved for a rent bank loan, their case manager will work with them to set up a payment plan. The repayment term/amount is determined based on the borrower's ability to repay the loan, and the amount borrowed. Loans are interest free, however there is a small administration fee each month to cover some of the banking costs (approx. \$2.00/month) - this is in no way meant to be a barrier in accessing rent bank services.

Any and all payment is made directly to the landlord or utility company. No funds will be administered to the client at any time.

What determines eligibility?

To be eligible for a rent bank loan, clients must be residents of British Columbia, aged 19+, and in a legal tenancy situation where they do not owe more than 2 months of rent. Clients must also show an ability to repay the loan, and loans must be able to stabilize their housing situation for a minimum of 2 months. To determine eligibility clients will be asked for the following documentation (incl. but not limited to): proof of tenancy, 3 months bank statements, 3 paystubs or proof of income, most recent tax return, and 2 pieces of ID.

What area(s) does the North Island Rent Bank cover?

The North Island Rent Bank covers renters living in the Comox Valley Regional District, Strathcona Regional District, Mt. Waddington Regional District, and gathet Regional District. For renters outside of these areas, please note rent bank services are available province wide. Visit bcrentbank.ca for more info.



QUESTIONS? CONTACT US. 1-250-703-1876 RENTBANK@CVAHS.COM WWW.CVAHS.COM

