



**Andrea Ritchie  
Principal**

**Email:**  
Andrea.ritchie@sd72.  
bc.ca

**Michelle Nohr  
Vice Principal**

**Email:**  
Michelle.nohr@sd72.  
bc.ca

### **School Hours**

**8:30–2:15**

**RECESS**

**9:55-10:10**

**LUNCH**

**12:00-12:30**

**DISMISSAL**

**2:15**

**Ripple Rock  
Elementary School  
2001 Cheviot Road  
Campbell River, BC  
V9H 1R4**

**Tel:(250)850-2035**

# **Ripple Rock Elementary**

**May 2023**

Happy May! It feels like spring has finally arrived and with it the adventure of outdoor exploration and many exciting learning opportunities. This is a time where students continue to build on their achievements throughout the year and demonstrate how far they've come since September.







Ripple Rock has a busy May and June ahead. Please take note of dates that come home in the Week Ahead email, use the website and check the back pack for permission forms. Students have been learning at the gymnastics facility, doing wetland restoration at the Treelane pond, working with the Discovery Aquarium, taking part in community building activities with the city planner, exploring the beach, the farm and our grade 5s are starting their transition visits to middle school. Our Welcome to Kindergarten and Ready, Set, Learn events are schedule for the end of May as well!

The staffing process is well underway at the district level. Over the next several weeks, we will be working to confirm our teaching and support staff for next year. Additionally, the Out of School Care staffing will be done. If you know you will be leaving the school over the summer, or know of people moving into the Ripple Rock catchment, please let us know, as it looks like space will be at a premium in September.

Thank you, as always, for sharing your wonderful children with us. It is a pleasure to see their lovely faces everyday. Enjoy a wonderful weekend.

# May 2023



Mon	Tue	Wed	Thu	Fri
1	2 Dobler/Hogan Estuary Reinholt/Bello to John Hart Dam	3 	4 Mother's Day Hanging Basket PAC Fundraiser Due Mellstrom/Douglas classes to BC Hyrdro Demeo/Pellow to gym- nastics	5 Ripple Rock staff will be wearing red
8	9 Dobler/Hogan Miracle Beach	10 Grade 5's to Phoenix watch band concert  	11 Demeo/Pellow to gym- nastics Little/Wiese to CR golf club	12
15	16 Dobler/Hogan Canyon View School Track Meet 10:10 am	17 	18 Rainbow dance theatre @ Ripple Rock	19
22 VICTORIA DAY  	23 Dobler/Hogan Baikie Island	24  	25 Welcome To Kinder- garten 9:00-10:30 Ready Set Learn 11:00—12:30 Lacombe/Reinholt to CR Gymnastics Club	26 Choir students to Penfield
29 Poultry in Motion @ Ripple Rock	30 Dobler/Hogan Quinsam River	31 Mellstrom/Douglas to Camp Bob  		

# May Birthdays



DAVID F  
NOAH F  
BENTLEY B  
JACKSON C  
LOLA W  
KEENAN D  
MADYSON W  
RILEY M  
MAXIM L  
AMAEYA P  
PORTIA C  
BENTLEY G  
OLIVER G  
SERENA M  
RHYS P  
LAYAN E  
BENJAMIN F  
DAWSON G  
BROCK Z  
AURORA T  
MARCUS W  
CARTER P  
LEON NICOLAYE  
NATALIA O



## MOVING?

Please let us know asap if you are moving and/or plan on attending a different school in September 2023.



May 25th

Ready Set Learn 11:00-12:30

&

Welcome to Kindergarten 9:00 –10:30

Open House at Ripple Rock Elementary

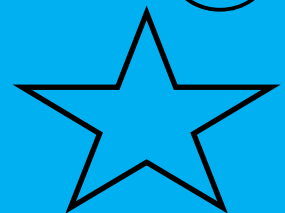
Ready Set Learn is open to children from 3 to 5 years old.  
Welcome to Kindergarten is intended for children entering Kindergarten at  
Ripple Rock in September 2023.



# Family Feast

June 22nd 12:30 @

Ripple Rock School



# Out-of-School Care



The out-of-school care program is located at Cedar Elementary, Georgia Park Elementary, Ocean Grove Elementary, Pinecrest Elementary, Ripple Rock Elementary and Sandowne Elementary.

Hours of operation are before school from 7 a.m. to 8:45 a.m. and after school from 2:30 p.m. to 5:30 p.m.

## LICENSED, QUALITY CARE

- The out-of-school care centres are licensed under the authority of Island Health (Community Care and Assisted Living Act).
- As part of the licensing, at least one responsible adult must have their first aid with CPR endorsement.
- The adult to child ratio will be 1:12.

## COST

- Before-school \$10/day
- After-school \$25/day
- Before- and after-school \$35/day
- Full Day (i.e. Pro-D Day) \$45/day

## SICK POLICY

- We ask you to keep your child home if they are sick.
- We may call you to pick up your child if they are ill, even if they attended school that day.
- You will be charged for any days your child is away.

## Common Questions

**Does my child have to attend the school where the childcare centre is located?**

Yes. These spaces are only open to children who currently attend the school.

**If my child doesn't get into the program, is there a waitlist?**

Yes. Your child will automatically be placed on the waitlist, and you will be informed.

**Does my child have to attend full-time?**

Priority will be given to children who attend five days per week. Part-time children will be considered.

**Why does childcare cost so much?**

Childcare is not funded by the province and must operate on a cost-recovery basis. We will review the costs to determine if adjustments are required.

**How can I pay for childcare?**

Payment is due on the first school day of the month. Cheque, e-transfer, or online payments are accepted. A \$50 NSF cheque fee applies to any cheque that is denied or cancelled.

**I can't afford childcare, is there a subsidy?**

Yes. The Affordable Child Care Benefit is available from the provincial government. Info can be found by searching '[Affordable Child Care Benefit](#)' online.

**Will the district cover childcare fees if I can't?**

Unfortunately, childcare is unfunded and must not operate at a loss. It also cannot use funds from K-12 school funding. The only support is through the province's Affordable Child Care Benefit.

**My child has an educational assistant (EA) during the school day. Will my child have a dedicated EA during childcare?**

During the school day, supports are provided based on K-12 funding. For before- and after-school childcare, families must apply through Supported Child Development. ([cradacl.bc.ca](http://cradacl.bc.ca))

**What do I do if I have a concern about childcare?**

You should speak to the childcare provider directly. If the issue is not resolved, you can contact the childcare manager at [childcare@sd72.bc.ca](mailto:childcare@sd72.bc.ca).



## KEEPING ACTIVE CHILDREN HYDRATED

When children are playing and active they may need to be encouraged to drink fluids to quench thirst and stay hydrated.

**Water is the best choice.**

**Other choices:** refrigerated milk, fortified soy, almond or rice beverages, and 100% vegetable and/or fruit juices.\*

**\*Limit 100% pure vegetable or fruit juice to ½ cup (125 mL) per day.**

To meet daily calcium and vitamin D requirements to help build strong bones and teeth, low fat milk (skim, 1%, 2%) or fortified soy beverages are recommended in the following amounts:

- **2 to 8 years = 2 cups (500 mL) daily**
- **9 to 18 years = at least 2 cups (500 mL) daily**

**Avoid** beverages like pop, iced tea, sports drinks, diet beverages, fruit punches, “drinks” and “ades” (e.g. lemonade).

**Avoid** caffeinated beverages, such as tea, coffee, pop and energy drinks.

**More on sports drinks:**

Sports drinks have added flavour, carbohydrate – mostly as sugar – and electrolytes, like sodium and potassium. None of these “extras” are required unless activity is vigorous and lasting longer than 1 hour. A meal or snack + water to drink will provide carbohydrate and electrolytes similar to a sports drink, without the extra sugar.

Try providing “watery” foods like watermelon, oranges, cucumber or smoothies after activity, especially if your child finds it difficult to drink plain water.

For more information:

- Your local [Public Health Unit](#)
- [HealthLinkBC and Dietitian Services](#) or dial 8-1-1 and ask to speak to a Registered Dietitian (a free call)
- [Energy drinks and sports drinks](#) (Caring for Kids)
- [Sip Smart! BC](#)