

# École Willow Point Elementary

250 Larwood Road, Campbell River, BC V9W 1S4 Tel: (250) 923-4311 Fax: (250) 923-4157



Website: http://www.sd72.bc.ca/willowpoint/

Dear Parents & Guardians,

We are pleased to welcome a new member to our staff: Maelle Gaudet is our new French Language Monitrice. Maelle will be at our school every day until the end of May to support children in learning French through oral language activities. Bienvenue Maelle!

Last week was Kindergarten registration week. A reminder that if you have children scheduled to start Kindergarten in September, you should register them as soon as possible. You can find the registration form on the district website and follow the instructions. If you need to register in person, please give us a call to schedule a meeting time.

Cross Catchment A reminder that if you wish to transfer your child from French Immersion to the English program, you must complete an exit interview with us first. Depending on the school you would like your child to attend, you may have to complete a cross catchment application, which is due on February 25<sup>th</sup>. This also includes grade 5 students who are planning to attend the English program at Phoenix or Southgate.

Valentine's Day Teachers will let you know if they are planning special activities with their class. Unfortunately, homemade/store bought treats cannot be brought in from students/families. However, teachers can bring in store bought treats. If you have questions about that day, please contact your child's teacher.

**Pro-D Day** on Friday February 18, teachers will participate in a variety of professional development activities: workshops on health, reading, and some teams of teachers will be working at school on literacy and numeracy.

**Pink Shirt Day** We will celebrate Pink Shirt Day on Wednesday, February 23. Pink Shirt Day is a day when we reflect about working together and treating others with dignity and respect. We are encouraging students to wear a pink shirt or something pink on that day.

Enjoy the long Family Day weekend!

Louise Guèvremont and Rachel Black









### **February Birthdays**

Shayla 06

**Alexander 09** 

Darren 10

Lexie 14 Kallen 15

Kimaya 16 Kalvin H 16

Abigail 18 Rosalee 19

Koen 21 Makena 22

Stella 24

**Evelyn 26** 

Lincoln 26



## FEBRUARY BIRTHDAY BOARD

A big "Thank you" to Shelley Jepps, the artist behind our birthday boards every month!

This month we are celebrating the Lunar New Year, "Year of the Tiger"

Special thanks to Jasmine for her help on this month's board.



# **Library News**



# Author visits for Battle of the Books readers







This month, students participating in Battle of the Books each had the opportunity to learn from a Canadian author.

Anna Humphreys, author of Megabat, spoke to grade 3s; Ken Oppel, author of Inkling chatted with grade 4s; and Dave Robertson, author of the Barren Grounds shared inspiration with grade 5s. Hopefully, our aspiring writers were able to learn a few things.

Just one great reason to participate in Battle! Please check your child's TEAMS for updates.

Please check your junk mail for overdue book notices. You may also login to your child's OPAC account to see what has been borrowed and when it is due.

#### Battle info:

Feb24 School Battle March 2nd Zones vs OG March 8th District Battle

2 teams advance from school. 1 from Zone.

School Battle will be in the gym. Zones/District are virtual.

#### **School Fund Raisers**

We have two types of fund raisers organized by the school: Those organized by PAC (Parent Association Council) and those organized by the school.

<u>School</u>: In the past (pre-pandemic), PAC organized special events for our school community like a Halloween Dance, Santa's Workshop, a used book drive, a pancake breakfast, and an outdoor games day at the end of June. Some of these events were just an opportunity for the community to gather and some were fund raisers. With the proceeds, PAC enabled the school to purchase big items such as: a projector for the gym, a sound system for the gym, PE equipment, technology equipment (ipads and laptops), and library furniture. Each year, the school submits PAC a list of items we wish to purchase based on our needs and our goals (see below).

<u>Class</u>: Each class (one every month) usually organizes a pizza lunch for the whole school once a year. Everyone is invited to participate, and the proceeds go the class who organized the lunch. This year, we also organized a fruit and veggie fund raiser, and the proceeds were divided amongst classes.

Organizer	Types of Fund Raisers	Items Purchased for the		
PAC	Hot Lunch Seed Sale	Class funds to support field trips Cultural events, e.g. performances Grade 5 Farewell activities Music equipment, e.g. ukuleles Outdoor recess equipment Supplies for nature scaping project		
Each classroom once a year	Class Pizza lunch:			
School	Fresh to You: veggies & fruit: Proceeds are divided amongst classes.	Class supplies for special art or cooking projects, stickers, field trips, etc		



An online event for families and caregivers

## ADHD - The Real Deal

Speaker: Dr. Don Duncan

Dr. Duncan will dispel the many myths surrounding ADHD by presenting up to date scientific facts about cause, prevalence, diagnosis and treatment. He will explain how and why the ADHD brain works the way it does.



# What to Say to Kids (and Teens) When Nothing Seems to Work

Speaker: Dr. Ashley Miller

Dr. Ashley Miller will share quick and effective strategies to help your child and you weather difficult moments in a way that strengthens resilience and relationships.



(1 hour Presentation and 1 hour Q & A)

Cost: Free

Required Registration: familysmart.ca/events









## **CELEBRATE RAC!**

Real Acts Of Caring (RAC) -Climate Change and Covid Caring

February 13 - 19, 2022

It feels good!

Do something extra caring and kind for another, our environment, and yourself during this challenging time!



## Promoted by: Students in RAC

Are you looking for a great way to promote positive leadership in your school community?

Set up a RAC Club! This year, the RAC Steering Committee will be forwarding any RAC donations to front line care workers. Email us at hchang@sd43.bc.ca to share your high resolution RAC photos and story explaining how you celebrated RAC Week February 13-19, 2022 and we will share what you have done on our RAC website at www.realactsofcaring.org.









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Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4	5	
	KINDERGARTEN REGISTRATION WEEK						
6	7	8	9	10	11	12	
13	14  National Properties	15	16 Pizza Lunch	17	18 Pro D Day No School	19	
20	21	22	Pink Shirt Day  BE A BUDDY NOT A BULLY	24 Battle of the Books AM	25 Cross Catchment Deadline	26	
27	28						



# LIFE-THREATENING FOOD ALLERGIES AND SPECIAL DAYS

Special days like birthdays, Easter and end-of-year parties are often times of celebration with friends, family and food. However, for students at our school who have life-threatening allergies, these can be very risky times. You can help to keep allergic students safe by:

Celebrating with stickers, games or prizes instead of food.

Not sending or bringing peanut, nut, or other allergen-containing products to school.

Checking in with the teacher/school ahead of time to find out if any special celebrations are planned.

Remind students to tell an adult right away when they might be having a reaction.

Make sure the teacher and school staff know what to do if a student has a reaction.

#### **LOVE OUR BODIES, LOVE OURSELVES**

#### **CELEBRATE WHAT YOUR BODY CAN DO!**

Parents, teachers and caregivers play a key role in helping children and youth develop a positive body image and to feel good about themselves.

Here are some tips to help kids develop positive body image and self-esteem:

Let kids know you love and accept them just the way they are!

Give kids chances to learn what they are good at and what they enjoy

Teach kids to value qualities such as kindness, honesty and curiosity

Focus on the health benefits of being active (not just as a means to control weight)

Model healthy behaviours and attitudes

Talk about how healthy bodies come in all shapes and sizes

Avoid making comments about other people's weight, size or shape

Remember, you are a powerful role model: Eat well, Move daily, Hydrate often, Sleep lots, Feel your feelings, and Love your body.

More information:

Your local Public Health Unit

Love Our Bodies, Love Ourselves (Jessie's Legacy)

Kelty Mental Health Resources for Parents and School Staff

#### **DOES YOUR CHILD HAVE A VISION PROBLEM?**

Eyes are very important. This guide can help you to determine if your child might have a vision problem.

#### Do your child's eyes look abnormal?

Eyes that turn in or out, eyelids that droop, or pupils that are different sizes may indicate your child has a vision problem. If there is swelling or crusting of the eyelids or pinkness in the eye itself, your child may have an infection.

#### What is your child saying?

If your child complains about headaches, sore eyes, blurred vision, words that jump or move around the page when reading or not being able to see the board, your child may have a vision problem.

#### What are you and the teacher noticing?

If you or the teacher notices your child tilts his/her head, covers one eye, rubs their eyes, frowns when concentrating on objects, has difficulty keeping their place when reading (uses a finger to follow along) or holds printed material in a strange position, your child may have a vision problem.

Other common signs of a vision problem are a lack of interest in activities that require concentrating on an object, lack of interest in reading, and daydreaming in class.

If you notice any of these problems or if there is a family history of vision problems, contact your eye doctor (optometrist). British Columbia's Medical Services Plan provides some coverage for eye exams for children under the age of 18, and The Healthy Kids Program provides limited funds once in a twelve-month period for prescription eyewear for children 0 – 18 years living in low-income families.

# HANDWASHING FOR HEALTH: THIS IS VERY IMPORTANT RIGHT NOW AS WE HAVE MANY STUDENTS SICK.

Germs spread easily in a classroom. Handwashing is the best way to stop the spread of germs that cause colds, influenza (flu), diarrhea and other sicknesses. It is important that children learn how and when to wash their hands to lower their risk of getting sick.

#### **How to Wash Hands:**

Wet hands under warm running water

**Scrub** with plain soap for a count of **20**, all over hands and between fingers

Rinse under running water for a count of 10

**Dry** hands with a clean paper towel

**Turn** off taps with a paper towel

#### When to Wash Hands:

Before and after eating or handling food

After using the toilet, handling pets, coughing, sneezing, or wiping noses

#### How long is 20 seconds?

Slowly singing "Happy Birthday" twice takes about 20 seconds



