



HEAD LICE ALERT

Dear Parent/Guardian,

There has been a case of head lice at Ecole des Deux Mondes. Head lice is not harmful and do not spread illness or disease. However, head lice can be a nuisance because of the discomfort they can cause and how easily they are spread from person to person. Therefore, we encourage you to check your child's hair and scalp.

- Step 1: Wash hair.
- Step 2: Apply conditioner and leave in (do not rinse).
- Step 3: In a comfortable, well-lit area, use a fine-toothed lice comb to check the hair. Check the hair from the scalp to the end of hair strand. First look at the hair at the back of the neck, behind the ears and above the forehead. Then, check the rest of the head.
- Step 4: If you find a louse, check all household members. Treat only those who have head lice with either a head lice shampoo/rinse, by wet combing, or a head lice spray. The Vancouver Island Health Unit and/or your local pharmacy can provide further information and instruction on how to treat head lice. Note, if you do not find lice, it does not necessarily mean that lice are not present. Check again in a few days.
- Step 5: Let the school know if you find your child has head lice.

For more information, please contact the public health unit.