

Digital Wellness Curriculum Learning Outcomes K-2

Learning Outcomes

Kindergarten Social Studies & Health Education

- Rights, roles and responsibilities of individuals and groups (**Social Studies**)
- Use Social Studies inquiry processes (ask questions, gather, interpret and analyze ideas, and communicate findings and decisions) (**Social Studies**)
- Recognize causes and consequences of an event, decision, or development in their lives (cause and consequence) (**Social Studies**)
- Ask questions and make inferences about the content and features of different types of sources (evidence) (**Social Studies**)
- Caring behaviours build healthy relationships (**Health**)
- Informed decisions and choices can lead to healthy outcomes (**Health**)
- Describe and demonstrate strategies to deal with interpersonal conflict and inappropriate behaviours (**Health**)
- Guidelines for safety, including in places such as the home, school, and community (**Health**)
- Describe ways to respond to a variety of unsafe and/or uncomfortable situations in the home, at school, or in the community (**Health**)

Grade One Social Studies & Health Education

- Use Social Studies inquiry processes (ask questions, gather, interpret and analyze ideas, and communicate findings and decisions) (**Social Studies**)
- Ask questions and make inferences about the content and features of different types of sources (evidence) (**Social Studies**)
- Recognize causes and consequences of an event, decision, or development in their lives (cause and consequence) (**Social Studies**)
- Roles, rights, and responsibilities in the local community (**Social Studies**)
- Caring behaviours build healthy relationships (**Health**)
- Guidelines for safety, including in places such as the home, school, and community (**Health**)
- Describe ways to respond to a variety of unsafe and/or uncomfortable situations in the home, at school, or in the community (**Health**)
- Sources of support and assistance in different situations (**Health**)
- Positive and negative behaviours in relationships (**Health**)
- Describe and demonstrate strategies to deal with interpersonal conflict and inappropriate behaviours (**Health**)

Grade Two Social Studies & Health Education

- Ask questions and make inferences about the content and features of different types of sources (evidence) (**Social Studies**)
- Recognize causes and consequences of an event, decision, or development in their lives (cause and consequence) (**Social Studies**)

- Good communication skills help us build and maintain positive relationships **(Health)**
- Awareness of high-risk situations allows us to protect ourselves **(Health)**
- Describe and demonstrate avoidance or assertiveness strategies to respond to a variety of unsafe and/or uncomfortable situations **(Health)**
- Describe skills to initiate and maintain positive relationships **(Health)**
- Describe and demonstrate strategies to deal with interpersonal conflict and inappropriate behaviours **(Health)**
- Describe the differences between positive and negative behaviours **(Health)**