## Digital Wellness Curriculum Learning Outcomes 6-8

# **Learning Outcomes**

#### **Grade Six Learning Outcomes**

- Corroborate inferences about the content and origins of multiple sources (evidence) (Social Studies)
- Keeping safe requires understanding risks and how to respond to them. (Health)
- Developing healthy relationship skills prepares us to manage conflicts. (Health)
- Personal choices can have short- and long-term effects on our well-being. (Health)
- Describe safety strategies to avoid or respond to potentially unsafe, abusive or exploitive situations (Health)
- Rights and protections related to discrimination and bullying, such as school codes of conduct, Human Rights Code, and the Charter of Rights and Freedoms (Health)
- Sources of support for people in abusive and exploitive situations (Health)
- safe use of the Internet and social media (Health)

### **Grade Seven Learning Outcomes**

- Use Social Studies inquiry processes (ask questions, gather, interpret and analyze ideas, and communicate findings and decisions) (Social Studies)
- Recognize and classify different value judgments, including ethical judgments, in a variety of sources (ethical judgment) (Social Studies)
- Access information and ideas for diverse purposes and from a variety of sources and evaluate their relevance, accuracy, and reliability (Language Arts)
- Apply appropriate strategies to comp rehend written, oral, and visual texts, guide inquiry, and extend thinking (Language Arts)
- Think critically, creatively, and reflectively to explore ideas within, between, and beyond texts (Language Arts)
- Construct meaningful personal connections between self, text, and world
- Respond to text in personal, creative, and critical ways (Language Arts)
- Use writing and design processes to plan, develop, and create engaging and meaningful literary and informational texts for a variety of purposes and audiences (Language Arts)
- Healthy relationships are foundational for us to learn and grow. (Health)
- A strong positive identity strengthens our ability to resist unhealthy social pressures and make healthy choices. (Health)
- Describe safety strategies to avoid or respond to potentially unsafe, abusive or exploitive situations (Health)
- Describe strategies for building and maintaining healthy interpersonal relationships (Health)
- Describe skills for avoiding or responding to unhealthy, abusive, or exploitative relationships (Health)



- Describe effective and appropriate responses to bullying, discrimination, harassment, and intimidation (Health)
- Safe use of the Internet and social media (Health)

#### **Grade Eight Learning Outcomes**

- Use Social Studies inquiry processes (ask questions, gather, interpret and analyze ideas, and communicate findings and decisions) (Social Studies)
- Access information and ideas for diverse purposes and from a variety of sources and evaluate their relevance, accuracy, and reliability (Language Arts)
- Apply appropriate strategies to comprehend written, oral, and visual texts, guide inquiry, and extend thinking (Language Arts)
- Think critically, creatively, and reflectively to explore ideas within, between, and beyond texts (Language Arts)
- Construct meaningful personal connections between self, text, and world
- Respond to text in personal, creative, and critical ways (Language Arts)
- Use writing and design processes to plan, develop, and create engaging and meaningful literary and informational texts for a variety of purposes and audiences (Language Arts)
- Healthy relationships are foundational for us to learn and grow. (Health)
- A strong positive identity strengthens our ability to resist unhealthy social pressures and make healthy choices. (Health)
- Describe safety strategies to avoid or respond to potentially harmful situations, including abusive or exploitive situations (Health)
- Describe strategies for building and maintaining healthy interpersonal relationships (Health)
- Describe skills for avoiding or responding to unhealthy, abusive, or exploitative relationships (Health)
- Safe use of the Internet and social media (Health)

