

# *We Learn Indigenous*

**JUNE 2025**

Throughout the month of June, please  
find time to explore the various  
Indigenous media in this booklet.  
Please click the title for a link to the  
resource. Enjoy!

## The Word Indigenous Explained

A short youtube video explaining in clear terms what “Indigenous” means and why, how and when different terms are used.

## *Short films & shows*

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### **CBC Gem:**

**Connect to (free) CBC Gem to watch a collection on Indigenous TV and Film. See recommendations below.**

#### Molly of Denali

Primary aged animated show featuring adventures with a 10 year old Denali girl (Alaska) named Molly.

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#### Anaana's Tent

Variety show set in an Inuit village. Available in both English and Inuktituk language.

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#### TeePee Time

An animated pre-school series available in both English and Mi'kmaq.

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#### Celebrating Indigenous Culture

Awesome segments featuring Indigenous People from across Canada teaching about aspects of their culture including dancing, totems, food, clothing games and nature!

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# Short films & shows

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## National Film Board:

TV shows, films and shorts from across Canada featuring Indigenous creators and/or content.

### Waseteg

Waseteg is a short animated story of a young Mi'kmaq girl discovering dreams, courage, identity, creation and embracing her Elders.

### Wapos Bay

This charming and humorous stop-motion series looks at contemporary life in a Cree community.

### The Mountain of SGaana

A Haida tale of a young man who is stolen away to the spirit world, and the young woman who rescues him.

### Maq and the Spirit of the Woods

This animated short tells the story of Maq, a Mi'kmaq boy who realizes his potential with the help of unexpected mentors.

### Little Thunder

A humorous short inspired by the Mi'kmaq legend "The Stone Canoe". Follow Little Thunder as he sets out on a cross-country canoe trip to become a man.

### Qalupalik

An animated short of Qalupalik, a part-human sea monster that lives deep in the Arctic Ocean and preys on children who do not listen to their parents or elders. Available in English and Inuktituk.

### Dancers of the Grass

Stop-motion short that vividly depicts the majesty of the hoop dance, a tradition symbolizing the unity of all nations.

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# Short films & shows



## Stories From Our Land 1.5:

6 Nunavut filmmakers each create a 5-minute short showcasing an aspect of life in the Arctic. A collaboration between the NFB and the Nunavut Film Development Corporation.

### Family Making Sleds

A family working together to make sleds.

### If You Want to Get Married... You Have to Learn How to Build an Igloo!

Construction of an igloo, the traditional Inuit home.

### Tide

The majesty of ice sculpted by wind and water using time-lapse imagery

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## Stories from Our Land 2.0:

This edition helped four Inuit youth hone the creative skills and tell their stories, offering viewers insightful perspectives on life in Nunavut.

### Strength, Flexibility and Endurance

Inuit games were more than just fun; they required the athletes to be in peak physical condition.

### Taking Shape

Isaci Etidloie's art of carving rocks into representations of Inuit stories.

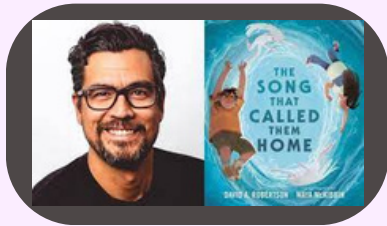
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Explore more "Stories From Our Land" from the National Film Board

# Story read-alouds by author



On The Trapline by David Robertson



The Song That Called Them Home by David Robertson

When We Are Kind by Monique Gray Smith



My Heart Fills With Happiness by Monique Gray Smith

You Hold Me Up by Monique Gray Smith



Le Capteur de Rêves et les Sept Tentations par David Bouchard

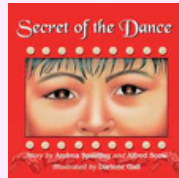
The Drum Calls Softly by David Bouchard



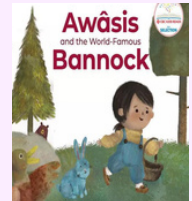
# E-Books (on SORA)



Secret of the Dance  
by Andrea Spalding  
& Alfred Scow



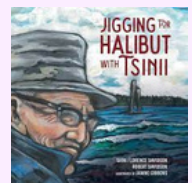
Awâsis and the  
World-Famous  
Bannok



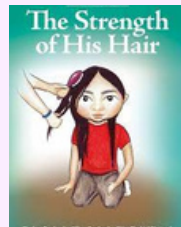
Tant que Couleront  
les Rivières by Larry  
Louie



Jigging for Halibut  
with Tsinii by Sarah  
Florence Davidson



Siha Tooskin Knows  
the Strength of His  
Hair by Charlene  
Bearhead



Singing Sisters by  
Katherina Vermette



My Name is  
Seepeetza by Shirley  
Sterling (grade 5+)



Maggie Lou Firefox  
by Arnold Dufour  
Bowes



The Great Bear by  
David A. Robertson



A Stranger At Home  
by Christy Jordan-  
Fenton and Margaret  
Pokiak-Fenton



**There are MANY more titles available to explore on  
the SORA app**



# Audiobooks (on SORA)

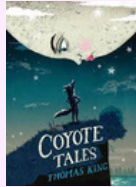


## Barren Grounds



Narnia meets traditional Indigenous stories of sky and the constellations in this epic middle grade fantasy series by award winning author David Robertson. (grade 5+)

## Coyote's Tales



Thomas King display cheeky humour and master storytelling in these two tales set in a time when animals and humans talk.

## Fatty Legs



The beloved story of an Inuvialuit girl standing up to the bullies of residential school by Margaret Pokiak-Fenton (Gr. 5+)

# Podcasts



## Warrior Kids

Family-friendly podcast that celebrates everything Indigenous with Mi'kmaw professor and host, Pam Palmater.

## Spirit Bear

The Spirit Bear Podcast aims to help mobilize knowledge that promotes the wellbeing of First Nations children, young people, families and Nations.

## Young and Indigenous

Created by Indigenous Youth, YAI creates an outlet for Indigenous youth to express opinions, voice ideas and concerns, and share stories. (Grade 5+)

# Music

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## Indigenous Music

This site has an amazing list of Indigenous composers and musicians to explore on Spotify (or a music platform of your choice).

## 8 Indigenous musicians to know in 2024

A cbc link showcasing some current, awesome Indigenous musicians and bands. Each one has a youtube video linked.

## Indigenous Music Circle

A short article listing 7 Indigenous music artists with full bios.

# Dance

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## Pow Wow Sweat

Fun, instructional videos teaching how to Pow Wow Dance by Coeur d'Alene Band.

## How to Pow Wow Dance with Deanne Hupfield

Instructional videos on how to Powwow dance with Deanne Upfield of the Anishinaabe Peoples.

## Introduction to Jigging, the Métis Dance

2 lessons on teaching the traditional Métis Dance called Jigging.

"Let's Dance" on CBC Gem

- Anishinaabe Fancy Dance
- Metis Jigging
- Coastal Wolf Pack



# Art



Christi Belcourt  
christibelcourt.ca

Learn about Métis artist Christi Belcourt and her beautiful beadwork art style. There are 2 links, a youtube video and Belcourt's website.

Susan Point

Learn about Musqueam artist Susan Point

Melissa Peter-Paul

Learn about Mi'kmaw Artist Melissa Peter-Paul

Beau Dick

A full length film about the life and Art of Kwakwaka'wakw Chief and artist, Beau Dick (Mature content. Older audiences only.)

# Culture



Living Tradition: The  
Kwakwaka'wakw Potlatch

A virtual museum with exhibits about the people and ceremony and history of the traditional Kwakwaka'wakw Potlatch

Museum of Anthropology

Virtual self guided tour of the UBC Museum of Anthropology's Great Hall

Campbell River Museum

Information and photographs from the First Nations exhibit at the Campbell River Museum

# Language and Land Learning



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## Liq'wala Learning

Local resource with links to lessons/videos teaching words & phrases in the **Liq'wala /Kwak'wala** languages .

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## sčədadx<sup>w</sup> (salmon)

An animated short featuring Billy Frank Jr. that takes the viewer up the river through the eyes of the salmon

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- Meet Autumn Peltier – CBC Kids News
  - Autumn Peltier – I am Indigenous
  - Greta Thunberg and Autumn Peltier discuss their films at TIFF

Learn about Anishinaabe water defender Autumn Peltier.

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## CEDAR: Tree of Life

Learning kit with videos, pictures and information about the various current and historical traditional uses of the Cedar Tree

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## Traditional First Nations Foods Fact Sheet

Information about health/nutrition and uses of traditional Indigenous food sources

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# *For Teachers & Parents*



Indigenous Ally Toolkit

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How to talk about Indigenous People (CBC)

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What is Regalia?: Powwow Dance Regalia Explained

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Map of Vancouver Island First Nations Communities

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Interactive Indigenous languages Map

## *Podcasts*



Media Indigena: The Podcast

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Warrior Life

## *Local First Nation Band Websites*



We Wai Kai

Kwiakah

Klahoose

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Wei Wai Kum

Homalco

K'ómoks

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North Island Métis Association