

ÉCOLE PHOENIX MIDDLE SCHOOL



Friday, April 19th, 2024

- Attention Athletes! Today at lunch we will be taking photos of sports teams. If you have been on any team this year, please make sure you come down to the gym to get your photo taken with your team. Listen for the announcement. Thank you!
- Track and Field practice Monday and Wednesday from 3-4pm. Please meet in the gym with your running shoes, water bottle, and a pencil.
- On **May 1st, from 10:00 to 11:30** our school will be hosting an Elder/ Youth gathering. Students will have the opportunity to engage and connect with Indigenous Elders from the community in an authentic way. There will be different activities that students can sign up for that include set up/ clean up, greeters, ushers, servers, art activities, reading etc. Student sign up is in Room 236 (All Nations Gathering Place).
- This weeks Winner is Mr. Baker's Class. See response for this week below.


Social Story - April 15-19 - Food Insecurity Jody sits in a boiling hot classroom in Ecole Phoenix Middle School. There's still one more class before the end of the day: Foods. They are right beside the window and the sun has turned their left arm red. For the first time, Jody is glad the Foods classroom has no windows; but it's too late anyways: their left arm has already reddened from the sun while Jody wrestled with a million math equations. Mr. G interrupts Jody's worries about the sun and their arm with an invitation to the courtyard to tend to the garden. Jody is grateful for the chance to get some shade. But that won't happen because the courtyard is still sitting in the glare of the hot sun. The kale with which the class was going to make smoothies in Foods has wilted under the weight of the heat. The tips are burnt. Jody remembers the mint, finds it, and sees the little green leaves drooping onto the soil just like Jody had drooped over their desk in math. The class transitions to Foods. The Foods teacher tells the class what Jody already knows: no smoothies. There are too many ingredients that are no longer available. Jody's stomach protests with a growl. Jody thinks back to when their class first planted mint and kale, along with beans, tomatoes, and chives. They wonder what they could have done to save the garden and feed the stomachs of all these grade 7 kids – especially the ones like Jody who didn't have much for breakfast and probably won't have much for dinner tonight either. }

- ✓ What emotions might Jody have felt both before and after learning about what happened to the garden?
 - Before: Excited for foods, hungry, overwhelmed.
 - After: Sad about foods, still hungry, disappointed.

- ✓ What could Jody and their peers and teachers have done to make sure the garden wasn't damaged in the heat?
 - They could've grabbed a resource like umbrellas for shade in the garden.

- ✓ What is food insecurity? The lack of reliable access to food because of family can't afford it or access it.
 - If you were facing food insecurity in Campbell River, where could you go to get food? When is it open? How easy would it be for you to get there? Are there people who might not be able to get there? Who? Why?

If you were in a school, you could go to the lunchroom before 8:50 and after 8:50 go to the office but if you're not in school you can go to the food bank from 8am to 1pm. It may not be easy to get there but it really depends on where you are living.

 **École Phoenix**
Middle School

WEDNESDAY LUNCH CLUB

DROP-IN SOCIAL SPACE FOR ALL STUDENTS

FIND US IN THE
ART ROOM


Every
Wednesday
11:50 - 12:20
12:20 - 12:50

Join Jamie Senay (Youth Worker) and Sarah Day (Foundry Counsellor) on Wednesdays to hang out during lunch break in the Art Room

- Casual, drop-in group - everyone is welcome!
- Safe space to spend lunch breaks
- Connect with Jamie, Sarah and other students
- Make new friends and hang out with old friends
- Chat, vibe, eat lunch, do art or play a board game
- Stop by, say hi and grab a snack

All students
welcome to
drop in
Wednesdays
in the Art Room

·FOUNDRY·
CAMPBELL RIVER
Operated by The John Howard Society of North Island

 **If you have any questions, please contact:**
Jamie Senay or Sarah Day @ 250.201.0851