

THE GARDENS GAZETTE

Strathcona Gardens Recreation Center

Strathcona
REGIONAL DISTRICT



Summer 2024



POOL SUMMER CAMPS

Splash of Everything 7-12yrs

Spend the day experiencing the world of aquatics through a variety of activities, challenges, and games.

Swim to Survive 7-12yrs

Spend the week working on water safety skills, knowledge, and abilities in a fun, encouraging atmosphere.



B.O.A.T.S 7-12 yrs

Boating, obstacles, aqua fitness, training & splashing - the acronym says it all! This camp explores a variety of skills in, on, and around the water.

Junior Lifeguard 8-13 yrs

This camp focuses on lifesaving skills through a variety of activities and scenarios similar to those experienced by a real lifeguard!

Swimming, Sunshine & Skills 7-12 yrs

Develop your swimming, fitness, water safety and lifesaving knowledge through situations, games, and activities both on land and in the water.

Girls on the Go (9-13 yrs)/Girls on the Run (11-13 yrs)

Fun, active and educational. Give a variety of activities a try, as yoga, aqua size and more! Ages 11+ also earn their First Aid cert.



Work on your water safety and swim skills this summer!

Visit our website for times and to register:

strathconagardens.com/swim

OPEN SWIM SCHEDULE

Includes diving board, water slide, and rope swing; full pool access.

Monday to Friday
11:30am to 1:00pm
6:30pm to 8:00pm

View the full swim schedule:
rebrand.ly/SGSummer

REGISTER ONLINE:

strathconard.perfectmind.com

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ARENA SUMMER CAMPS



Coollest Game on Earth Hockey Camp 6-12yrs

Learn basic hockey skills and have fun completing on and off ice training. Tons of game time, no previous hockey experience required.

Multi-Sports Camp 7-12yrs

Activities include trips to the pool, ice skating and variety of sporting activities - ice hockey, soccer, California Kickball, basketball, pickleball, capture the flag, and more!

Just for Girls Hockey Camp 6-12yrs

Girls of all skill abilities to get together for a week of hockey fun! Learn the basic hockey skills and have fun completing on and off ice activities.

Multi-Adventure Camp 7-12yrs

Each day will include either swimming, skating, or both, along with off site activities to the centennial park, outdoor pool, Sportsplex water park, aquarium, and more!

Dash & Splash 7-12yrs

This combo camp includes a skating and swimming session every day along with various off-ice activities and games.

Pre-Season Prep Hockey Camp 10-14yrs

Condition and improve the hockey skills of intermediate to advanced level players that are looking for structured practices before the hockey seasons begins.

SKATING & HOCKEY LESSONS

Yes, we have ice in over the summer! We have lessons for Preschoolers to Grade School Kids running all summer long.

Visit our website for times and to register:

strathconagardens.com



ARENA DROP-IN TIMES

Cool off on our Arena 2 & Leisure Ice on Suindays over the summer.

Everyone Welcome & Pond Hockey
2:00pm to 5:00pm

Stick & Puck
5:15pm to 6:30pm



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