



Mental Health Recovery Partners
North Island
Hope and Support for All

How can we help you?

When a friend or family member is diagnosed with a mental illness, you may feel overwhelmed, isolated and confused about what happens following the diagnosis.

You may ask:

“Who can I talk to about this?”

“Where do I find the help?”

“Where do I find information?”

“What programs and services are available?”

Mental Health Recovery Partners can help you find answers to these questions. You can drop into our office Tuesday or Friday from 11 a.m. – 3 p.m. or phone or email us to talk to our staff and volunteers.

We will be starting a monthly support group and running programs and workshops in the near future. To find out more please phone us at

250-914-3059 or email us at mail.ni@mhrp.ca

**Or come to our office at 850E 12th Street in
Campbell River**