

## **GRADE 10**

## Course Selection 2025-2026

Please take the time to carefully choose your courses.

lease write your top two elective choices in spaces 7, and  Under the Alternates section list your top 3 elective liternates.  Ourses:  1. English 10 (Composition & Literary Studies 10) 2. Social Studies 10 3. Science 10 4. Math 10 (Check one)  Foundations of Math & Pre-Calculus 10  Workplace Mathematics 10  5. Physical Education 10 (Check one)  PE 10 – regular (Boys or Girls)  Body Zen 10 – All Genders  Fields PE  Fit For Life 10  Basketball Academy  Girls Basketball PE 10  Volleyball PE  Volleyball Academy (Cost Associated)  Hockey Academy (Cost Associated)  Aquatic Lifesaving PE 10  Career Life Education 10  7. (elective)  8. (elective)  Alternate Elective Choices (List three possible	he choices you make today determine the school's metable. It may not be possible to change your elections later.				
2. Social Studies 10 3. Science 10 4. Math 10 (Check one)    Foundations of Math & Pre-Calculus 10   Workplace Mathematics 10 5. Physical Education 10 (Check one)   PE 10 - regular (Boys or Girls)   Body Zen 10 - Girls   Body Zen 10 - All Genders   Fields PE   Fit For Life 10   Basketball Academy   Girls Basketball PE 10   Volleyball PE   Volleyball Academy (Cost Associated)   Hockey Academy (Cost Associated)   Aquatic Lifesaving PE 10 6. Career Life Education 10 7. (elective)   (elective)	ease w Unde ernate	rite your top two elective choices in spaces 7, and r the Alternates section list your top 3 elective es.			
3. Science 10 4. Math 10 (Check one)    Foundations of Math & Pre-Calculus 10   Workplace Mathematics 10  5. Physical Education 10 (Check one)   PE 10 - regular (Boys or Girls)   Body Zen 10 - All Genders   Fields PE   Fit For Life 10   Basketball Academy   Girls Basketball PE 10   Volleyball PE   Volleyball Academy (Cost Associated)   Hockey Academy (Cost Associated)   Aquatic Lifesaving PE 10  6. Career Life Education 10  7	1.	English 10 (Composition & Literary Studies 10)			
4. Math 10 (Check one)  Foundations of Math & Pre-Calculus 10  Workplace Mathematics 10  5. Physical Education 10 (Check one)  PE 10 – regular (Boys or Girls)  Body Zen 10 – Girls  Body Zen 10 – All Genders  Fields PE  Fit For Life 10  Basketball Academy  Girls Basketball PE 10  Volleyball PE  Volleyball Academy (Cost Associated)  Hockey Academy (Cost Associated)  Aquatic Lifesaving PE 10  Career Life Education 10  Career Life Education 10  (elective)  (elective)	2.	Social Studies 10			
□ Foundations of Math & Pre-Calculus 10 □ Workplace Mathematics 10  5. Physical Education 10 (Check one) □ PE 10 − regular (Boys or Girls) □ Body Zen 10 − Girls □ Body Zen 10 − All Genders □ Fields PE □ Fit For Life 10 □ Basketball Academy □ Girls Basketball PE 10 □ Volleyball PE □ Volleyball Academy (Cost Associated) □ Hockey Academy (Cost Associated) □ Aquatic Lifesaving PE 10  6. Career Life Education 10  7	3.				
□ Workplace Mathematics 10  5. Physical Education 10 (Check one) □ PE 10 − regular (Boys or Girls) □ Body Zen 10 − Girls □ Body Zen 10 − All Genders □ Fields PE □ Fit For Life 10 □ Basketball Academy □ Girls Basketball PE 10 □ Volleyball PE □ Volleyball Academy (Cost Associated) □ Hockey Academy (Cost Associated) □ Aquatic Lifesaving PE 10  6. Career Life Education 10  7	4.				
5. Physical Education 10 (Check one)  PE 10 – regular (Boys or Girls)  Body Zen 10 – Girls  Body Zen 10 – All Genders  Fields PE  Fit For Life 10  Basketball Academy  Girls Basketball PE 10  Volleyball PE  Volleyball Academy (Cost Associated)  Hockey Academy (Cost Associated)  Aquatic Lifesaving PE 10  Career Life Education 10  Career Life Education 10  (elective)					
□ PE 10 − regular (Boys or Girls) □ Body Zen 10 − Girls □ Body Zen 10 − All Genders □ Fields PE □ Fit For Life 10 □ Basketball Academy □ Girls Basketball PE 10 □ Volleyball PE □ Volleyball Academy (Cost Associated) □ Hockey Academy (Cost Associated) □ Aquatic Lifesaving PE 10  6. Career Life Education 10  7					
□ Body Zen 10 − Girls □ Body Zen 10 − All Genders □ Fields PE □ Fit For Life 10 □ Basketball Academy □ Girls Basketball PE 10 □ Volleyball PE □ Volleyball Academy (Cost Associated) □ Hockey Academy (Cost Associated) □ Aquatic Lifesaving PE 10  6. Career Life Education 10  7	5.	,			
Body Zen 10 – All Genders Fields PE Fit For Life 10 Basketball Academy Girls Basketball PE 10 Volleyball PE Volleyball Academy (Cost Associated) Hockey Academy (Cost Associated) Aquatic Lifesaving PE 10  Career Life Education 10  Career Life Education 10  (elective)  (elective)					
Fields PE Fit For Life 10 Basketball Academy Girls Basketball PE 10 Volleyball PE Volleyball Academy (Cost Associated) Hockey Academy (Cost Associated) Aquatic Lifesaving PE 10  Career Life Education 10  Career Life Education 10  (elective) (elective)		•			
Fit For Life 10  Basketball Academy Girls Basketball PE 10 Volleyball PE Volleyball Academy (Cost Associated) Hockey Academy (Cost Associated) Aquatic Lifesaving PE 10  Career Life Education 10  Career Life Education 10  (elective) (elective)		•			
Basketball Academy Girls Basketball PE 10 Volleyball PE Volleyball Academy (Cost Associated) Hockey Academy (Cost Associated) Aquatic Lifesaving PE 10  Career Life Education 10  (elective) (elective)					
Girls Basketball PE 10  Volleyball PE  Volleyball Academy (Cost Associated)  Hockey Academy (Cost Associated)  Aquatic Lifesaving PE 10  Career Life Education 10  (elective)  (elective)					
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Volleyball Academy (Cost Associated)  Hockey Academy (Cost Associated)  Aquatic Lifesaving PE 10  Career Life Education 10  (elective)  (elective)					
Hockey Academy (Cost Associated) Aquatic Lifesaving PE 10  Career Life Education 10  (elective)  (elective)		,			
Aquatic Lifesaving PE 10  6. Career Life Education 10  7(elective)  8(elective)					
6. Career Life Education 10 7(elective) 8(elective)					
7(elective) 8(elective)	6	,			
8(elective)					
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Alternate Elective Choices (List three possible	
alternates)	
1	
2	
3	
<b>Specialty Programing</b>	
f you are interested in any of our specialty programs, pleas	se
select one.	
Programs Programs	
☐ Combined Social Studies and English 10	
☐ Mathletes (PE and Foundation & Pre-Calculus 10)	)
□ Band/PE	
Notes or Special Considerations for Counsellors	_
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Last N	lame:	
Electives		
* French	10	
Spanish	110	
* ʔayʔaj̆ı		
*Beginne	ers Italian and Culture	
' Art Stu	dio 10	
	g and Painting 10	
	cs and Sculpture 10	
* Theatre		
r recnnic * Robotic	cal Theatre 10 cs 10	
* Woodv		
* Draftin		
	Mechanics 10	
	& Art Metal 10	
Youth E	Explore Trades 10	
* 3D Mor	delling & Animation 10	
* Digital	_	
_	Photography 10	
* Game [	Design 10	
	evelopment 10	
* Media	Arts 10	
* Entrepi	reneurship 10	
Psycho	•	
	tudies 10	
*Math 10	) Prep	
	Out of Timetable Courses	
Please cl intereste	hoose any out of timetable courses you are ed in.	
	Jazz Band 10	
	Musical Theater 10	
П		
	- a to thine periodic Directed Study /	

COURSE SELECTION FORMS MUST BE RETURNED WITH A PARENT SIGNATURE TO YOUR A BLOCK TEACHER BY: February 19/2025						
Student Signature:	Parent Signature:					