



Announcements

Tuesday, September 16th, 2025

Timberline Student Team

Make sure you add yourself to your GRADE channel.

Hello there [SD72 Timberline Students](#)! Hopefully you have already noticed this Teams group but have you added yourself to your Grade Channel? Navigate to this team, where you will see the "General" tab and then tap the words "4 hidden channels". Then select your grade, which will give you access to your grade specific announcements this year. **This is particularly important for GRADE 12s as their first Friday Update will be posted at 3:05pm today.**



Timberline's GSA/SOGI group meets Wednesdays during morning flex in the Wolf Room. Come say hello and grab a muffin! Everyone is welcome to join 😊

The Health Unit Nurse will be in the counselling office today.

Tuesday, September 30th National Truth and Reconciliation. No School.

There is an E sports practice for League of Legends on Tuesday at 3:10 in the Hackerspace

If you would like to join the Interact Club meet us Tuesday, September 16th in the Hackerspace G122 office at lunch.

There are yearbooks from last year available for purchase in the office for \$55.00.

FLEX WEEK 2 B/D

Bus Supervision:

McCormick
Griffith

September 15 – September 26

Lunch Supervision:

Tuesday	Baily + Camerin	Upstairs Cafeteria	B Wing closest to cafeteria
	Klinka	B wing walkabout	B Wing by vending machines
	Bakota	Outdoor main entrance way	F Wing
	Cottell	Lower parking lot & G Wing	Change rooms
	Lawson	Learning Commons/Courtyard	F wing
	Johnston S.	Gym	Change rooms
	Faser	SFL	



Ages 13-18

**No cost to participate!*

Learn to Cope with Stress

Y Mind

Everyone experiences worries and stress. Y Mind is here to help young people learn how to cope with stress so they can live their best lives.

Y Mind is a 7-week program for teens who are experiencing symptoms of mild-to-moderate anxiety. Participants learn and practice strategies to help manage anxiety, helping them feel calmer and more in control.

Y Mind gives teens the chance to connect with other teens who get it.

Dates: Wednesdays @ 3:30-5:00 PM. Sept. 24 - Nov. 5th, 2025.

This FREE program is run by caring, trained staff,
in a safe supportive environment.

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