



# Carihi Announcements

Thursday, September 28th, 2023

Good Morning, Bonjour, Buenos Dias and Gilakas'La Carihi

## School Photo Day: Tuesday, October 17th

### Carihi Clothing:

One week left to order Carihi clothing! Orders are due by next Thursday! Forms can be found around the school and at the office. Payments can be made at the office or online through the Carihi website. See Ms. Perras in F102 for limited sample sizes available.



### October City Bus Passes:

October city bus passes are now available at the office for \$35.00.



### Yearbook Team Members:

Did you know that being part of the Yearbook Team can earn you elective credits? Yearbook is a table course that meets once a week at lunch and a couple times a month after school. It's a great opportunity to make a positive contribution to Carihi. If you are interested in creating this year's yearbook, come see Ms. Perras in room F102 or send her a TEAMS message.

### Sports Leadership:

Attention Sports Leadership Students, there is a mandatory meeting in Room B101 at 11:35am today! Please make sure you show up!

### GSA (Gender/Sexuality Alliance):

GSA group gathering today at lunch in C110, bring your lunch and a friend for a social gathering.

### Bamfield Marine Science Centre Trip:

Do you want to participate in a 3 day experiential and immersive marine science field trip? Well the Bamfield Marine Science Centre is calling! We'll be out in the forest, on boats and beaches, and in the lab doing marine science...at an actual ocean science research centre! If this appeals to you, please come to an info meeting today in E110 at lunch (the bio lab).

### Writing Contests:

There are two writing contests coming up. One is the Terrifying Tales youth writing contest being held by the Vancouver Island Regional Library. Submit your scariest poems and stories to win prizes and possibly get published. The other is from the BC Federation of Writers who are seeking submissions for a youth edition of their monthly magazine on the theme "Practice Makes Progress". Posters with more details can be found in the Learning Commons, or see Ms. Lapointe for more details.





# CARIHI KITCHEN

## Wraps

Crunch Chicken Wrap \$4.50

Chicken, Tomato, Lettuce, Cheese, Ranch

Spicy Crunchy Chicken Wrap \$4.50

Chicken, Tomato, Lettuce, Cheese, Ranch, Hot Sauce

Vegan Wrap \$4.50

Curried Sweet Potato & Chickpea

## Pizza

\$2.00 per slice

Cheese—Marinara & Mozzarella

Pepperoni—Marina, Mozzarella & Pepperoni

## Fries

Small \$3.00

Large \$4.00

Poutine Small \$4.50

Poutine Large \$5.50

## Soup, Sandwich & Salads

### Soup of the day:

Coconut Curry Soup with dinner bun \$3.00

### Feature Salad:

Spinach Salad \$3.50

**Feature Sandwich \$4.00**

What kind of socks do you need  
to plant spinach?

Garden Hose!

### Combination Deals

Sandwich & Soup \$5.00

Sandwich & Salad \$5.00

Salad & Soup \$5.00

### Meal of the Week \$5.00

## From the Bakeshop

Chocolate Chip Cookie \$1.00

## Drinks

PowerAid/Gatorade \$2.50

Canned Drinks \$2.00

