



Carihi Announcements

Monday, September 25, 2023

Good Morning, Bonjour, Buenos Dias and Gilakas'La Carihi

SCHOOL PHOTO DAY: Tuesday, October 17th

Carihi Clothing:

Weather is getting colder, great time to purchase a Carihi hoodie!

Orders are due by next Thursday, October 5th. Forms can be found around the school and at the office.

Payments can be made at the office or online through the Carihi website.

See Ms. Perras in F102 for limited sample sizes available.



iPhone Found:

Route 7 bus students, if you lost a cell phone on the bus the afternoon of the 19th or 20th, please contact SD72 transportation department to claim the phone.

Carihi Interact Club:

Want to make a difference in your school, community, and the world? Then join the Carihi Interact Club. All are welcome. We meet at lunch today in F105. See Mr. Mader for more information!

Island Health Youth Clinic:

Youth Clinic today Carihi from 2pm—3pm in the Counselling office. This is your opportunity to speak privately to a Public Health Youth Clinic Nurse. No adult permission is required and services are completely confidential. Drop in or set up an appointment with Megan Mitchell by text: 250-203-1879 or email megan.mitchell@viha.ca

Post-Secondary Club:

Any grade 12's interested in joining the Post-Secondary Club send a TEAMS message to Ms. Lloyd. Our first meeting is on Wednesday, September 27 at 11:30 in room E133. Bring your lunch and come and find out more about Post-Secondary opportunities.

Writing Contests:

There are two writing contests coming up. One is the Terrifying Tales youth writing contest being held by the Vancouver Island Regional Library. Submit your scariest poems and stories to win prizes and possibly get published. The other is from the BC Federation of Writers who are seeking submissions for a youth edition of their monthly magazine on the theme "Practice Makes Progress". Posters with more details can be found in the Learning Commons, or see Ms. Lapointe for more details.

Bamfield Marine Science Centre Trip:

Do you want to participate in a 3 day experiential and immersive marine science field trip?

Well the Bamfield Marine Science Centre is calling! We'll be out in the forest, on boats and beaches, and in the lab doing marine science...at an actual ocean science research centre! If this appeals to you, please come to an info meeting on Thursday September 28th, at lunch in E110 (the bio lab).





CARIHI KITCHEN

Wraps

Crunch Chicken Wrap \$4.50

Chicken, Tomato, Lettuce, Cheese, Ranch

Spicy Crunchy Chicken Wrap \$4.50

Chicken, Tomato, Lettuce, Cheese, Ranch, Hot Sauce

Vegan Wrap \$4.50

Curried Sweet Potato & Chickpea

Pizza

\$2.00 per slice

Cheese—Marinara & Mozzarella

Pepperoni—Marina, Mozzarella & Pepperoni

Fries

Small \$3.00

Large \$4.00

Poutine Small \$4.50

Poutine Large \$5.50

Soup, Sandwich & Salads

Soup of the day:

Coconut Curry Soup with dinner bun \$3.00

Feature Salad \$3.50

Feature Sandwich \$4.00

Combination Deals

Sandwich & Soup \$5.00

Sandwich & Salad \$5.00

Salad & Soup \$5.00

Meal of the Week \$5.00

Lasagna (Vegetarian or Meat)

Served with Caesar salad & crazy bread

From the Bakeshop

Chocolate Chip Cookie \$1.00

Drinks

PowerAid/Gatorade \$2.50

Canned Drinks \$2.00

